



MAKING TRACKS

A Quarterly Publication of Animal Protection of New Mexico Spring 2012

**Horse Sense
Brings Together
Two Agencies'
Animal Advocates**



Dear Friend of the Animals,

Welcome to the premier edition of Animal Protection of New Mexico's (APNM) revamped Making Tracks® newsletter!

We aim to deliver Making Tracks to you once every quarter, to provide you with an up-to-date, inside view of what hard-working APNM staff members are accomplishing with your support. We're sending this premier edition via the U.S. Mail and e-mail, and we're offering members only the exclusive choice of how to receive it in the future (mail or e-mail).

With the availability of digital media, online communication, social media, and cyber-everything (!), we're excited about communicating with supporters like you more quickly, less expensively, and more completely via electronic newsletters. But if you are a member and you prefer a hard copy, we understand.

Each edition of Making Tracks will offer up-to-the minute news about APNM's groundbreaking work being done in all corners of New Mexico to help animals. We'll add useful items like our favorite vegetarian recipes, insights on where to get great vegetarian food, companion animal tips, and much more.

We understand that the status quo for animals is grim in so many cases, and that the tremendous challenges to changing things for the better are intertwined with other problems New Mexico faces. But we also know that New Mexicans care deeply about animals, and they are tired of the same old excuses and want something better. Using our unique approach to change, we've already defied the cynics and doubters. So please give us your financial support, because as APNM devotes more people, time, and resources to animal protection issues in New Mexico, our results for things that matter to you become even more striking.

So enjoy this edition of Making Tracks, and please help make 2012 a banner year for animals!

Sincerely yours,

Elisabeth Jennings

Elisabeth Jennings,
Executive Director

On the Cover

Sassy, a 22-yr old Mustang mare, grazes on some newly sprouting grass. Sassy is the companion horse to Sharon Jonas, APNM Program Coordinator. Sharon rescued Sassy 20 years ago.

Photo by Jessi Princiotto

Who stands 6' 11", was the only four-year starter for the New Mexico Highlands University basketball team, holds the school record for most blocked shots, as a freshman kept the future NBA champion, Luc Longley, from hitting a shot, and outplayed Brian Urlacher in a three-on-three tournament the season he became the NFL's defensive rookie of the year?

Horse Sense

Brings Together Two Agencies' Animal Advocates

And who stands 5'4", was a Deputy Sheriff for Valencia County, is one of only seven women in New Mexico to ever hold the position of a Law Enforcement Certified Livestock Inspector, successfully prosecuted over 21 livestock abuse cases during her first year on the job, and is the only New Mexico livestock inspector to graduate from the University of Kentucky's Large Animal Rescue and Disaster Response Training Program?

Recent news of disturbing and unacceptable horse abuse in New Mexico highlights that there is so much that needs to change about our relationship with horses. Within that sea of need for stronger laws, stricter regulations, greater compassion and stronger enforcement, two individuals are already leading the charge for change and should serve as role models for others. The basketball player, who also has worked as a social worker with Adult Protective Services, a Juvenile Probation Officer, and was the Assistant Manager at Bernalillo County's Vista Grande Community Center, now holds the Deputy Director position for Bernalillo County's Animal Welfare Department. **He is Manuel Ruiz.**

The Livestock Inspector continues to successfully prosecute livestock abuse cases in Bernalillo, Sandoval, Rio Arriba, Luna, Valencia, and Socorro counties. **She is Bea Bell. The horse sense comes in connecting the two.**

When APNM asked Ruiz what we could do to assist his officers in their work, his answer was quick to come. "Teach them the investigative and documentation skills which will bring about successful prosecution of livestock abuse cases in the courtroom." Knowing the experience and success rate enjoyed by Bea Bell, it was just "horse sense" to bring the two together.

Armed with state statutes, county ordinances, the Hennecke Scoring System used for evaluating the body condition of equines, her own investigative template, illustrative photographs/slides, and an outline of a process for record keeping and follow-up, Bell arrived at the Bernalillo County Animal Welfare Office ready to share her knowledge and experiences. To make her feel at home, the officers brought in a neighbor's two-year-old filly. The young horse helped her demonstrate the use of the Hennecke system. After her presentation, Bell and the officers discussed how to deal with owners who fail to comply with ordinances and codes, what information and documentation is needed to procure a warrant, and the factors dictating immediate seizure.

The session not only brought about a mutual appreciation and respect for the work done by each agency, but it also helped to renew a sense of cooperation and the commitment to work together for the sake of the animals.

Animal Protection of New Mexico thanks Manuel Ruiz for his commitment to provide continuing education for his officers and Bea Bell for her willingness to share her knowledge and experience with these officers. The animals will benefit.



New Mexico LEADS THE CHARGE ON RETIRING THE Chimps

On December 15, 2011, an independent scientific panel at the Institute of Medicine published a watershed report on the use of chimpanzees in research, finding “most current use of chimpanzees for biomedical research is unnecessary.” New Mexico Senators Tom Udall and Jeff Bingaman immediately urged the National Institutes of Health to adopt all report recommendations, protect chimps currently in New Mexico, and requested that the agency fund alternatives to using chimps in research.

Senator Udall signed on as a cosponsor to the Great Ape Protection and Cost Savings Act (GAPCSA - S.

810/H.R. 1315) to retire all federally-owned chimps to sanctuary (including all Alamogordo chimps!) and end government support for invasive testing on all great apes. GAPCSA is scheduled for its first Senate hearing April 24, 2012, as Making Tracks goes to print.

Thank you for standing with APNM for many years to push for long-overdue protections for chimpanzees. Please visit and share our updated Chimps to Sanctuary Campaign website to learn about more ways to help chimps: www.RetireTheChimps.org



Help for Horses

APNM's Equine Protection Program and Fund provide both immediate and long-term assistance to reduce suffering and improve the lives of horses, donkeys, and mules. Recently, an urgent call came into the APNM offices about an eight-month-old filly injured in a road accident in Torrance County. With the Sheriff Department's coordination, the Equine Protection Fund paid for an immediate visit by a local veterinarian, who determined the filly was scraped up and shaken but okay. She was then taken in by the Sheriff's family to recuperate for a few weeks before being adopted.

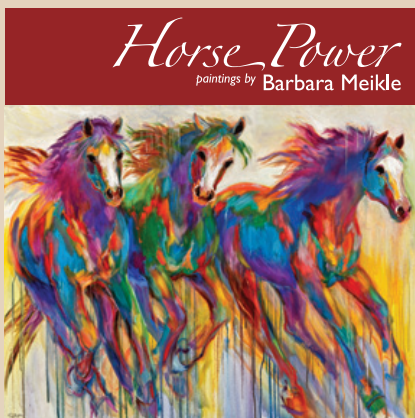
Visit EquineProtectionFund.org to learn more about our assistance programs and become a volunteer for this lifesaving program.

Treatment for Animal Abusers

The link between animal abuse and other family violence is well established. Having access to trained social workers and psychologists (who treat abusers) is one more way to help stem the tide of cruelty in our communities. Incarceration alone likely isn't enough. That's why APNM coordinated nine full-day AniCare workshops for therapists, social workers and counselors in three communities throughout the state. Through the peer-reviewed AniCare Treatment model, New Mexico's nearly 100 trained therapists can now provide an invaluable, new resource for addressing the mental illness that leads to criminal animal cruelty.



The AniCare Approach:
Interrupting the Cycle of Violence



Artist Barbara Meikle has just published *Horse Power*, an illustrated homage to the horse. The beautiful book is available at the Pippin Meikle Fine Art Gallery in Santa Fe. You can also commission Ms. Meikle to paint a portrait of your horse. A portion of the sale from *Horse Power* and all commissioned horse paintings through her Horse Power program will be donated to APNM's Equine Protection Program.

Pippin Meikle Fine Art
236 Delgado St.
Santa Fe, NM 87501
505-992-0400

Animal Protection of New Mexico: Around the State

Elders and Animals



APNM was invited to present information on the Link (between animal cruelty and other family violence) to dozens of elders and other adults at the Santa Ana Pueblo recently. Humane values are universal in New Mexico's communities.

NM Parks are Cougar Smart!

APNM's Cougar Smart New Mexico program is ramping up its outreach efforts in 2012. NM State Parks is doing its part as well, installing metal cougar safety signs modeled after APNM's Cougar Smart posters. Well done, State Parks!



Las Vegas Tackles Tethering

APNM, the Animal Welfare Coalition of Northeastern New Mexico, and New Mexico Dogs Deserve Better collaborated to help usher in a new era of protection for Las Vegas, NM's dogs. The town passed restrictions on how and to what extent dogs can be tethered. Supporters filled the chambers to support passage of the following changes:

- Sick or injured dogs and dogs under the age of 6 months may not be tethered.
- To tether a dog, the dog must be accompanied within visual range; only a nylon or leather buckle-type collar or body harness may be used; length/height/weight specifications must be followed for a tether or trolley system; and dogs must have access to water, shelter, and dry ground.
- Tethering is not allowed during periods of extreme weather.

Paws and Claws Summer Camp for Young Advocates

APNM participates with the University of New Mexico's (UNM) Youth Continuing Education Department's "Paws and Claws" day camp program.

Campers aged 11 to 14 years from the Albuquerque area attend the three-week sessions on humane animal care and treatment. Presentations from APNM teach campers about service and therapy dogs, spaying and neutering, bite safety, dog and cock fighting cruelty, and how to safely report animal cruelty. Campers create bird-houses, feeders, first aid kits for animals, and hand-made toys that are distributed to animals at Albuquerque's animal shelters.

UNM is wise to recognize the need for and interest in animal protection programs for youth. These young campers are helping to make Albuquerque a kinder community and are our future leaders. For more information, contact Naomi Sandweiss, Supervisor of Youth Programs, UNM Continuing Education, 505-277-0698, naomis@unm.edu.



Students at Valencia Middle School get to know a therapy dog during a humane education presentation given by APNM.

Scout us Out!

Do you know a Brownie, Junior, Cadette, Senior, or Ambassador Scout working on the Animals Badge?

APNM offers a variety of information related to each of the Animal Badges, found in the *It's Your Story, Tell It!* skill builder set. APNM works with agencies all over New Mexico to protect companion, livestock, and wild animals. APNM can visit groups to do presentations on how to stay safe around animals, what you can do to protect them, and careers related to taking care of animals.

Contact Phil Carter at (505) 967-5297 or Sherry Mangold at (505) 797-3977 or visit www.apnm.org.



Keeping You and Your Animals Together, No Matter What



APNM is working with state and local officials so communities can ensure animals aren't left to fend for themselves in a disaster. When disaster strikes, if you and your animals are already prepared, that means fewer people and animals will need help from agencies. So make plans now for your animals, and ensure you don't get separated from each other.

Make a Disaster Kit for Your Animals

The following checklist is considered the minimum you'll need, so compare notes with a friend to make sure you're covered for all your animals.

- ✪ Keep everything stored in sturdy containers (a duffel bag, storage bin, etc.) that can be carried easily. Keep your kit in a place accessible to all members of your family.
- ✪ **Extra collars, leashes, harnesses, and secure carriers** to transport animals safely and to ensure that your animals can't escape. Carriers should be large enough for the animal to stand comfortably, turn around, and lie down, as it may be home for hours at a time while you seek shelter. Include extra blankets or towels for bedding and warmth.
- ✪ **Medications** (a two week supply) and medical records stored in a waterproof container, including contact information for your veterinarian and authorization for your animal to be treated if necessary.
- ✪ **A companion animal first aid book and kit.** Consult the first aid book or your veterinarian as to what you should include in your first aid kit.
- ✪ Current **photos and descriptions** of your animals to help others identify them in case you become separated and to prove that they are yours.
- ✪ **Extra ID tags.** Temporary tags on which you can write are good to have in case your contact information changes during the disaster.
- ✪ Enough of your animals' **regular food and water** to last at least a week per animal. Rotate your reserve food and water supply every three months so that it stays fresh. Canned food should be in single serving size (preferably that doesn't need a can opener), as you may not have access to a refrigerator. Also have an extra supply of any vitamins or other supplements your animals take regularly.
- ✪ Food and water **bowls and a manual can opener**, if needed, and spoon for canned food.
- ✪ Litter and small **litter box**. Poop scoop.
- ✪ **Newspapers, paper towels, plastic trash bags, and cleaning products**, including dish soap.
- ✪ **Pet beds and toys**, if you can easily take them, to reduce stress.
- ✪ **A list of safe places to go**, including friends and family, veterinary offices, boarding kennels, animal-friendly motels and nearby animal shelters. Include addresses and phone numbers.
- ✪ Extras of any **special items** your animals need. Especially important for small animals that have very specific needs.

Visit www.apnm.org/disaster for a more complete planning guide.





Animals CAN'T VOTE! USE YOUR VOICE TO **Speak for Them**

★ Make sure you're registered to vote! To be sure you're registered, check online at <http://www.sos.state.nm.us/sos-VoterReg.html>

★ Make plans now to vote in both the Primary Election (Tuesday, June 5th, 2012) and the General Election (Tuesday, November 6, 2012). If you know you'll be gone for either one, arrange to vote by absentee ballot or by early voting. Both are very convenient and help you avoid lines and election day hassles.

*Register for the Primary Election before May 8;
for the General Election before October 9!*

MAY
8

OCTOBER
9

GET TO KNOW **Your Legislators** AND **Their Record on Animals**

Politics. Elections. The State Legislature. It can all sound confusing and sometimes a bit overwhelming.

But it doesn't have to be that way, and the great thing about animal protection issues is that they tend not to be partisan (and that in itself is a big thing). Knowing who your legislators are and how they've voted on animal issues is very important. It's possible you could be the one constituent who can persuade your legislators to vote for the animals!

Take these simple steps to become more informed and effective for the animals:

★ *Determine who your two state legislators are.* Go to **www.nmlegis.gov**, click on "Members," then "Find Your Legislator," and then "Search by Name, District or Zip Code" to find both your Senator and House of Representatives member.

★ *Determine how these two legislators have historically voted for animals.* Go to **www.apvnm.org**, click on the "Scorecards" link on the left side of the home page. Click on the "2011 Scorecard." Then scroll to the pages that list all House and Senate members, find your legislators and read their scores (scores are included for 2011, as well as for 2007, 2009, and 2010).

You now know if your legislators tend to be a friend or foe of the animals. In the next Making Tracks, we'll talk about how to reach out to your legislators and become someone they know and trust for information.

Restaurant Review: Mint Tulip

Small and unassuming, **Mint Tulip** is typical of a university area eatery with its simple, modern furnishings, minimalist counter service, and handwritten menu on chalkboards above the counter. But if you're not vegan or even vegetarian, don't let the all-vegan "brand" scare you away.

Located where the popular restaurant, **20 Carrots**, did business for a couple of decades, **Mint Tulip** offers a wide variety of familiar American foods made vegan and delicious! The menu has many permanent items, but also includes daily specials. Their sauces and dressings are particularly yummy, and taste so much like their non-vegan counterparts, you'll wonder how they do it. Ingredients are fresh, featuring lots of local produce, and it shows in flavorful, artfully prepared dishes.

With offerings like a vegan BLT sandwich, club sandwich, grilled veggie sandwich, wraps, a variety of salads, barbecue "meats," and so much more, the generous portions will make you want to come back to try everything on the menu.

A favorite of **Mint Tulip**'s regulars is the Reuben sandwich. A simple but delicious creation, it's made with Peppered Tofurky, tangy sauerkraut, vegan soy cheese, and a delicious dressing, all grilled to perfection. Served

with a side salad, this and other menu options will leave you feeling very satisfied.

They accept credit cards, dress is casual, and meals are affordable. Weather permitting, your dog can join you on the small, dog-friendly outdoor patio. They don't serve alcohol but you won't miss it because they also offer some delicious beverages such as smoothies, iced coffee, ginger lemonade, and things that aren't found elsewhere in Albuquerque such as vegan milk shakes and vegan soft-serve ice cream.

Friday night dinners are a special treat—and not just because you can indulge in their outrageous cupcakes for dessert!

If you've never been to **Mint Tulip** you'll want to run—not walk—to this university-area eatery and experience their irresistible and familiar meals that will leave you eager to return again and again.

Mint Tulip Vegan Cafe

2110 Central Ave SE Albuquerque 87106

505-242-1320

Hours: Mon. - Sat. 10:00 - 4:00, Fri. until 9:00 PM
WIFI





Lasagna NEVER TASTED This Good

Springtime is the perfect time to prepare a luscious lasagna, and incorporating fresh spinach bumps up the veggie value even more. Recipe from APNM Executive Director, Lisa Jennings. Bon appetit!

- 1 lb. tofu, crumbled up like cottage cheese (either use a fork to mash, or just crumble with your fingers)
- 4-5 TBS. soy mayonnaise (I prefer Veganaise brand)
- 1 TBS. chopped (or dried) parsley
- 1 tsp. crushed garlic (or garlic powder)
- 2 cups loose spinach, finely chopped
- 5 oz. shredded soy cheese (I prefer Daiya brand "mozzarella style shreds")
- 1/4 tsp. crushed red pepper (optional)
- salt and pepper to taste (don't be shy with the black pepper)
- 1/4 cup nutritional yeast
- 1 package lasagne noodles
- pasta sauce of your choice (about one quart), either from a jar or home-made (you can also add diced zucchini to the sauce to make it tastier and to add more vegetables to the dish)

Preheat oven to 350°. In a mixing bowl combine the tofu, soy mayonnaise, parsley, garlic powder. Mix well and then add spinach, 3/4 of the soy cheese, red pepper, salt, pepper, nutritional yeast. Mix well and set aside.

Cook lasagne noodles to "al dente" consistency.

In a glass baking dish, layer as follows (you should be able to make 2-3 layers of tofu mixture between noodles):

- pasta sauce on bottom of pan
- lasagne noodles
- spoon tofu mixture generously on noodles
- more pasta sauce
- layer with more noodles
- tofu mixture
- more pasta sauce
- noodles
- tofu mixture
- pasta sauce
- noodles
- pasta sauce.

Top the whole dish with an additional sprinkle of nutritional yeast and the remaining soy cheese.

Cover with aluminum foil and bake at 350 degrees for about 45 minutes or until bubbling. Enjoy with a green salad and your favorite bread.



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*Making sure animals
matter in every
New Mexican community.*

If you wish to receive future Making Tracks in print via U.S. mail, you must be a member/contributor. All others may receive Making Tracks via e-mail. Comments? You can reach us at info@apnm.org. We'd love to hear from you.

Take Action and WIN!

When you take action for animals, everyone wins! Let us know which of the following big steps for animals you've taken, and we'll enter you into a drawing for a Chimpanzee Tag (a \$25 value). Go to www.apnm.org/ChimpTagContest (or scan the QR code below), let us know what steps you've taken, and be sure to include your e-mail and mailing address.

Here are some big steps that can make a big difference for animals. Is your big step not listed? Tell us what it is!

- * Join APNM
- * Volunteer: at the APNM office or with the Equine Protection Fund
- * Join the Enchantment Club by including APNM in your estate planning
- * Intern this summer with APNM
- * Register to Vote
- * Sponsor tuition costs (\$500) for an Animal Control Officer to attend training
- * Sponsor an elementary classroom's Kind News newsletters (\$25)
- * Make disaster plans for your family, including all your animals (visit www.apnm.org/disaster)
- * Choose meatless meals at least one day a week
- * Get to know your legislators and talk to them about animal protection issues (visit www.apnm.org/citizen_lobbyist_tips.php)



PHILANTHROPEDIA
COME TOGETHER. GIVE BETTER.

Why Support APNM?

Listen to what others have to say:

"Honestly, what APNM does is so far beyond anything I ever saw in the state where I used to live. I think what you've created should be a model for other states."

"APNM is a godsend!"