MAKING Suppose A Quarterly Publication of Animal Protection of New Mexico Spring 2013

HELPING PEOPLE HELP THEIR HORSES, DONKEYS, AND MULES

From the Executive Director

lives

Dear Friend of the Animals,

Hang onto your hat, spring is right around the corner, and with it comes New Mexico's infamous windy season. I grew up paying a lot of attention to the weather and the seasons because of my family's propensity for being outdoors as much as we could. Our collection of weather folklore is both amusing and surprisingly accurate.

While some people think talking about the weather is "small talk," I enjoy and value those discussions because they refer to something real and something relevant to essentially everyone.

The weather and its effect on me-whether I'm freezing cold, uncomfortably warm or bothered by the wind-is a constant reminder that I only have to endure uncomfortable conditions for brief periods. A day doesn't go by that I don't think about how the weather is affecting animals who have no choice in how they endure New Mexico's extreme conditions.

The spring winds also remind me of the dramatic change that can occur from one day to the next, bringing soaring temperatures on the heels of frigid air. The wind is a metaphor for how the persistence of animal advocates can usher in a new and measurably different day for the animals who desperately need that new day.

Animal Protection of New Mexico's creative and comprehensive programs, propped up by the determined voices of its members and supporters, comprise a breath of fresh air for animals harmed by the stagnant and stale customs that cause unacceptable misery to so many of them.

This issue of Making Tracks highlights two of APNM's programs: Equine Protection; and Chimpanzees to Sanctuary. The remarkable achievements of both prove that a combination of tenacity and savvy can challenge decades and even centuries of indifference, and can lead to tangible change for animals whose lives matter in this state.

Thank you for your unwavering support!

Sincerely yours,

Elisabeth Jenning

Elisabeth Jennings, Executive Director



Making Tracks is a publication of Animal Protection of New Mexico.

SPRING 2013 Edition

Editor Elisabeth Jennings

Copy Editor Jessi Princiotto

Design Jessi Princiotto

Contributing Writers Daniel Abram Laura Bonar Phil Carter Alan Edmonds Elisabeth Jennings Sharon Jonas Leslie King Sherry Mangold Victoria Murphy Jessi Princiotto

Making Tracks is a registered trademark of Animal Protection of New Mexico. It is distributed as a membership benefit to APNM members. We encourage you to share this issue of *Making Tracks*.

For questions, suggestions, comments, contact us at: info@apnm.org

Animal Protection of New Mexico PO Box 11395 Albuquerque NM 87192 505-265-2322



On the Cover

Kelli with her beloved donkeys, Bert and Ernie. Kelli was a grateful recipient of feed assistance from the Equine Protection Fund. *Photo by Jessi Princiotto*. Animal Protection of New Mexico: Our Programs in Action

The Equine Protection Fund A Vital Component of New Mexico's Safety Net for Horses, Donkeys, and Mules

Like many aspects of New Mexican culture, the equestrian community in this state stretches far back in time. Arabians, which are descendents of the barb horses, and burros brought by the Spanish populate our barns, ranches, and open spaces as free roaming equines. In all, our horse culture is blessed with a history and richness that touches the lives of every New Mexican.

At the same time, lack of a clear and unified vision for equine welfare has hobbled New Mexico's horse community and kept it from developing pragmatic and humane options for horses. Encompassing diverse players and strongly held opinions, the controversies of how best to manage the state's equines often distract from the real suffering of needy horses, leading many to become frustrated at the lack of humane solutions.

For this reason, APNM and the Equine Protection Fund decided to cut through the divisiveness with a back-tobasics approach. Beginning in 2010, the Equine Fund has offered a series of strategic assistance programs based on the real needs of equines in a time of drought, high hay prices, and a shaky national economy.

The Emergency Feed Assistance program subsidizes hay and grain during short-term financial emergencies. Tactical assistance in cases of temporary setbacks—including job loss, foreclosure, and medical emergency—not only prevents needless suffering of horses but also preserves the emotional, financial, and temporal investments made by families into their animals.

Additionally, the Equine Fund provides assistance for veterinary care through a variety of programs. Trails End, a humane euthanasia relief program, and other emergency care are available to low-income families, equine shelters, and law enforcement. These communities can also access Gelding Assistance, a strategic program to curtail reckless breeding.

The horses, donkeys, and mules aided through the Fund programs (344 and counting) have included working ranch horses, pleasure-riding mounts, BLM roundup adoptions, off-the-track thoroughbreds, and have been comprised of newborn foals to donkeys more than 40 years old. For these animals, who can live decades, a little bit of help can go a long way.

The Equine Protection Fund has plans for even more services and will continue to grow in its mission to provide solutions we can all support. *For more information, please visit HelpOurHorses.org.*

Animal Protection of New Mexico: Our Programs in Action

Recent months have brought several big changes for chimpanzees kept captive in labs, including: the start of the transfer of over 100 chimpanzees from a Louisiana lab to sanctuary at Chimp Haven; dramatic attempts to pass the Great Ape Protection and Cost Savings Act during the final days of the last Congress in December; and the January 22, 2013 release of recommendations from the NIH's expert panel of scientists advising the agency to make sweeping changes regarding chimpanzees.

Tipping Point for Chimpanzees

NIH Told to Retire Chimps and Increase Transparency

The recommendations include the realization that chimps need dramatically improved living conditions in captivity to "not only allow, but importantly, promote the full range of natural chimpanzee bevaviors," the recommendation that the majority of NIH-owned chimpanzees should be designated for retirement, and the recommendation for no more breeding of chimpanzees for research. *However, the recommendations also suggest the agency should keep approximately 50 chimps in case future research is needed. Clearly, the public must speak up on these issues.*

Right Now, How Can You Help Get Chimps Out of Labs?

Please make public comments to the NIH before the March 23rd deadline to ask for the permanent retirement and sancutary care of all chimpanzees from the Alamogordo Primate Facility (APF), including all 24 chimps from New Mexico currently housed at the Texas Biomed research facility.

Use APNM's comments guide at retirethechimps.org/working_group/ to submit your comments to the NIH right away, so that more chimpanzees can know the peace and dignity of life in sanctuary, like Negra at Chimpanzee Sanctuary Northwest (pictured above).

Your voice has made all the difference for chimpanzees in Alamogordo and across the country. Please make time to speak up once again!

Call the Animal Cruelty Hotline at 1-877-5-HUMANE.

APNM administers two cruelty hotlines that enable concerned New Mexicans to report animal neglect and cruelty. Equine-related concerns account for the second highest number of hotline calls. Each of the following cases was reported in December 2012.

Bernalillo County

A caller to the Attorney General's Animal Cruelty Task Force Hotline reported seeing a possibly abandoned horse who had been wearing a blanket for weeks, and the caller suspected no one was caring for the horse. APNM contacted Bernalillo County Animal Welfare, who immediately investigated. The officers who responded verified that the horse had plenty of food and water and noted the horse was well nourished. They further ordered the owner to remove the horse blanket because it had been on for so long, and the horse's coat apparently had not been properly cared for because of the blanket. (Long-term blanketing, without brushing, can irritate the skin and even cause blisters and abrasions, especially from the belts.)

Colfax County

A caller to the APNM hotline reported two elderly Belgian draft horse geldings left behind by an unknown person at a ranch. Both were suffering from multiple health issues. APNM's Cruelty Case Manager contacted a N.M. Livestock Board (NMLB) inspector, who contacted the ranch manger and, after exploring other options, arranged for the humane euthanasia of the suffering equines.

Chavez County

Officer Eric Martinez, a NMLB inspector, contacted APNM regarding a case of a bay mare who had been shot in the neck. The injured horse was in a state of stress and was tranported to a veterinarian, who treated her and concluded she had been shot "through and through," meaning the bullet entered and exited without leaving fragments left in the flesh. Fortunately, the bullet missed both the spine and the esophagus. APNM responded to the NMLB's request for a reward in this case by offering up to \$3,500 for information leading to the arrest and prosecution of those responsible for the horse's suffering. APNM's Equine Protection Fund also paid half of the cost incurred from the mare's treatment and care while under NMLB custody. Although the shooter has not yet been identified, the horse recovered fully, was adopted by a local woman, and is enjoying life at her new home.

Help APNM's cruelty hotlines respond to cases like these by becoming a monthly donor at www.apnm.org/donate.

Animal Protection of New Mexico: Pequeños Milagros (Little Miracles)

Mercy the Dog



Last November the Valencia County Animal Control Department rescued a stray dog reported to be at large and seriously injured. The adult female dog was badly malnourished and dehydrated, and suffering from severe injuries to the face, muzzle, teeth, and tongue. She had suffered multiple gunshot wounds, a fragment from which had blinded her right eye and lodged behind it. "Mercy," as VIVA! Animal Rescue NM dubbed her, also had severe damage to her genitals and was racked with other injuries, some older and untreated.

Valencia County Animal Control Supervisor Erik Tanner calls this case one of "repeated and persistent cruelty and neglect" and plans to file animal cruelty charges against those responsible for Mercy's care, if the perpetrator can be found. APNM responded to Tanner's request for a reward, offering up to \$5,000 for information leading to the arrest and prosecution of those responsible for Mercy's misery. Aside from the tireless efforts of VIVA! Animal Rescue NM, the local rescue organization People's Anti-Cruelty Association paid over \$5,000 for Mercy's veterinary care and surgeries, and all three veterinarians at TLC Vet Hospital participated in Mercy's care. We're thrilled to report that Mercy has made an amazing recovery. Despite her profound suffering, Mercy has exhibited a friendly and loving personality. She is currently residing at a foster home and enjoying many new experiences.

Animal Protection of New Mexico: Around the State

Bernalillo Co. Commissioners Stand Up for Animals

COLORADO

Congratulations to Bernalillo County Commissioners, Animal Care Services Director Matthew Pepper, and the ordinance committee for recent passage of a stronger animal ordinance. Best news? No free pass for researchers using animals, no more tethering

dogs, and better protections for livestock.



Speaking Up Against Killing Contests

Coyote killing contests, which reward wanton killing, frequently occur in New Mexico but were rarely reported in the media. That all changed in November when APNM and local advocates helped to mobilize outrage against a contest sponsored by a gun store in Los Lunas.

Disaster Prep for 2013

Thanks to a generous grant from the ASPCA, APNM's Sharon Jonas was able to attend the 2012 Animals in Disaster Summit in Washington, DC. to learn from and network with disaster response agencies from across the U.S. to help New Mexico prepare for another high-risk fire season.

Link Training Update

The Children's Law Institute was a huge success, with many of the 1,000 conference attendees visiting APNM's Outreach Table and over 100 attending APNM's workshop on The Link. CYFD Execs are now working with APNM to expand Link Training for their staff in 2013.

ARISBAD

Community Collaboration

APNM's Animal Shelter Program Manager recently traveled to Las Cruces to lead a brainstorming session with a broad coalition of animal welfare organizations and local government leaders. Community collaborations to identify problems and

implement solutions receive an enthusiastic "bark" from us.

EL PASO

TEXAS

LEGEND

REPUBLIC OF MEXICO

Animal Protection of New Mexico: Youth Activities

Billboards Convey a *Good* Message

Kids get it.

Kindness to animals is good for everyone.

www.Be-Kind-To-Animals.org Animal Protection of New Mexico 1-877-5-HUMANE



Los niños entienden.

La bondad hacia los animales beneficia a todos.



www.Be-Kind-To-Animals.org Animal Protection of New Mexico 1-877-5-HUMANE

Navalina, Gr

APNM's "Kids Get It" billboard carries a heart-felt message with artwork from 10-yearold Naya, a 5th grader in Mrs. Albani's class at Los Lunas' Valencia Elementary School. Naya and her classmates participated in APNM's 10-week education program, "Open Hearts = Open Minds." As part of the curriculum's preliminary activities, students are asked to draw pictures depicting what they have witnessed—both good and bad—between animals and their family, friends, and neighbors.

Some of the submitted drawings are troubling, a few are shocking and many are inspiring. Naya's drawing was chosen for the billboard because of its simplicity and clear depiction of love between a companion animal and his person.

The billboards (one in English, one in Spanish) are located on Interstate-25 near exit 195 just north of Belen. Clear Channel donated the billboard space.

If our children "get it," so can the rest of us!



Animal Protection of New Mexico: Enhancing the Human-Animal Bond

NIX HORRSE SEENS BORED BUT I DON'T RIDE

Horseback riding is an activity that can represent a strong relationship between human and animal, one that involves considerable time, training, devotion, and friendship. It can also be deeply enriching for both horse and rider. But perhaps you are among the many horse owners who do not have time to ride, have never learned, or cannot physically ride. Nonriding people love their horses too! Horses, like all other companion animals, need stimulation and things to do to pass the time when we are not around. Here are a few simple ideas to reduce boredom in the paddock.

♦ Think (And Eat) Like a Horse. Feeding should never be any companion animal's only enrichment, but making eating a bit more interesting can make a big difference. Remember that horses in a free range will graze throughout the day, often traveling over great distances. Try distributing hay around the paddock or pasture in smaller piles rather than in one heap in the usual location or in the feeder. For grain, there are many products on the market that release food in small quantities, but you can make your own with a durable plastic bottle or other container with the appropriate size holes drilled in it that the horse can nuzzle around. You can also try hanging whole food items, like carrots or apples so the horse has to work a little to take a bite. Horse bobbing for apples in the water trough can also be tricky and fun! Also try changing it up a bit with some safe browsing materials, like whole branches full of elm leaves. Hide treats around the paddock, in new locations each time you feed. Whatever safe things you can do to extend feeding time is recommended.

○ Toying Around. Toys like the Jolly Ball, some of which are sweetly scented, are widely available in feed stores, but homemade versions are acceptable (old basketballs or soccer balls). Things that make noise, like a 1-gallon plastic jug filled with water or rocks hung from a tree branch or ceiling, can be intriguing. Introduce new toys carefully, bringing them into the horse's space personally rather than just tossing them in. Try offering toys on a rotational basis instead of leaving in the same objects day after day. Always make sure to remove items that a horse could risk ingesting, like fraying rope.

♥ Socialization. As you are hiding treats and installing interesting toys, you'll find yourself in the paddock with your equine buddy. Take a few extra minutes to brush, touch and massage your horse. Everything you do is a learning, training, and relationship building moment, and an important moment in your horse's day. As you experience the rewards of the equine-human bond, consider devoting some time and resources to some basic horse-manship groundwork like responding to verbal commands, (walking, stopping, etc.). You can then move on to lunging and obstacle courses – all this without riding experience! Many of us rent movies through the Netflix service. Why not try Giddyupflix.com, and replace that Saturday night action movie with some great advice on getting to know your equine?

Help Wanted: Engaged Citizens to Pass Stronger Laws!



New Mexico's legislature is in session for about one more week, and now is the time to make sure important bills make it over the finish line!

Because this article was written well before its publication, the most up-to-date information on crucial animal protection bills can be found on Animal Protection Voters' website at www.apvnm.org/state.php.

These four priority issues need your undivided attention NOW. Find your state Senator and Representative at www.nmlegis.gov, click on 'Members', 'Find your Legislator', then enter your address under the search feature for both the House of Representatives and the Senate. New Mexico's legislative session ends on March 16th at noon!

Priority Bills for the Animals:

★ Senate Bill (SB) 83 Animal Cruelty Definitions & Penalties

Sponsored by Senator Richard Martinez (D-Española), to close loopholes and strengthen New Mexico's animal cruelty laws.

★ Senate Bill (SB) 163 Extend Sunset Date for Animal Sheltering Board

Sponsored by Senator Carlos Cisneros, to allow the continued operation of the Animal Sheltering Board (ASB), which provides lifesaving services to our communities and combats crushing animal overpopulation.

***** Senate Bill (SB) 274 Horse Shelter Rescue Fund

Sponsored by Senator George Muñoz (D-Gallup), to create a horse shelter rescue fund to allow New Mexicans to voluntarily donate their state tax refunds to horse shelters.

House Bill (HB) 316 Ban on Killing Contests Sponsored by Rep. Nate Cote (D-Organ), to prohibit organizing or participating in animal-killing contests.

★ House Bill (HB) 579 Banning Certain Cruel Traps and Poisons

Sponsored by Rep. Bobby Gonzales (D-Taos), to prohibit, with some limited exceptions, cruel body-gripping traps and poisons on public lands.

Animal Protection of New Mexico: Your Giving Matters

'Planned Giving': Not Just for the Very Wealthy

Some of us read stories about wealthy individuals leaving millions of dollars to organizations, and we think, 'Wow, I wish I had a lot of money to give to the animals!" The fact is, you don't have to be extraordinarily wealthy to make an enormous difference with the assets you have. Planning how and what to give can be truly rewarding, because you will be delivering crucial and meaningful support to the animal causes that matter to you. In addition, planned giving can offer substantial tax advantages for you, potentially increasing the scope of your generosity.

You Can Leave a Legacy for New Mexico's Animals with Endowment Gifts

APNM's long-term financial stability is bolstered when our members and supporters give to the APNM Foundation, a separate 501(c)(3) organization whose only mission is to support APNM. This 'endowment' secures APNM's future, ensuring our campaigns can remain robust for as long as our work is needed. A contribution to the APNM Foundation is an investment in all the programs and campaigns that APNM will be pursuing tomorrow, next week, and next year.

Gifts to the APNM Foundation can come in many shapes and sizes: A life insurance policy that names APNM as the beneficiary; A cash gift stipulated in your Will; A gift of appreciated stock that you donate; A charitable remainder trust or lead trust you establish with the assistance of a financial planner; A gift of real estate; etc.! Don't be intimidated by the terminology-the most important step you can take is to meet with a reputable financial

planner and learn about your options. You will discover how easy it is to create your own individual legacy. Contact Elisabeth Jennings, Executive Director, for more information, at lisa@apnm.org.

Restaurant Review: Momo & Co.

Anyone who considers vegan dining a stuffy, overly serious pursuit hasn't visited Momo & Co. Located near the plaza in Santa Fe, the spacious restaurant has decor in a riot of colors, upbeat oldies songs on the stereo, and a children's play area.

According to co-owner Leslie Thompson, the café was intended as a community hangout space, a rare oasis for locals in a tourist-oriented section of town. Thompson, an art therapist by training, came to the restaurant industry in a roundabout way. Fed up with the lack of vegan and glutenfree items available, she began experimenting with the ingredients (including flours from rice, garbanzo, and fava beans) that would become the foundation of her pastry company, Momocakes. Despite the challenges of high altitude, she developed a variety of tasty vegan cupcakes and other baked goods that are now prominently displayed in the café.

Momo & Co., a partnership between Thompson, proprietor Carola Kieve, and Chef Damian Herrera, opened in October 2012. In addition to sweets, the restaurant features vegan breakfast and lunch dishes and a variety of nonalcoholic drinks. For breakfast, the Quinoa Parfait is an appealing mix of the Andean grain, pomegranate seeds, strawberries, and coconut yogurt. Reflecting the funky yet comfortable atmosphere of the café, the parfaits are served in canning jars. The lunch menu features items as colorful and complex as the walls of the restaurant. Diners looking for nutritional value can scarcely do better than the Green Rollito, a light but elaborate mixture of pineapple, carrots, peppers, and a fruit-based sauce, all wrapped in a collard green leaf. Meanwhile, the Vegan Pizza features a savory set of toppings—roasted peppers, artichoke hearts, and nondairy cheese—on a gluten-free crust unparalleled in flavor and texture. Other entrees, including the Torta Yucateca and Cacique Sandwich reflect the Latin American heritage of Chef Herrera, who also offers vegan, raw foods-based items through his Juicy Foods company.

Thompson says plans for Momo & Co. include Open Mic Nights and community gatherings in addition to refining their menu. Having experienced the café's appealing warmth and healthy sensibility, we look forward to these future developments.

Momo & Co. 229 Johnson St., Ste. A, Santa Fe, NM, 87501 505-983-8000 Mon.-Fri. 8:30AM – 5:00PM Sat. 10:00AM – 5:00PM Closed on Sunday [Juicy Foods 925-588-8039 www.juicyfoodsllc.com]



Animal Protection of New Mexico: Eating Vegan



No-Bake Lemon Truffles

Eating raw is becoming a healthy new trend, and can be an especially good approach to dessert time. These mouth-watering lemony truffles are so easy and don't even require an oven. You can adjust the sweetness level by decreasing or increasing the amount of tart, fresh lemon. Enjoy with a cup of tea!

- 1 cup finely shredded coconut (unsweetened, raw)
- 1/2 cup almond meal
- Zest of 1/3 small lemon
- 1/2 tsp lemon juice
- 1/2 tsp vanilla extract
- 1/4 cup maple syrup
- 1/4 cup coconut oil
- 1/4 tsp finely ground sea salt

Mix dry ingredients (shredded coconut, almond meal, lemon zest) thoroughly in a large bowl.

Blend remaining ingredients in a medium bowl. If coconut oil is semi-solid, use a fork to blend and press the oil into the liquids. You can also mix with an electric mixer on its lowest setting.

Pour liquid mix into dry and blend with a fork until the mixture is sticky and able to form into balls. Using a spoon or cookie scoop, form mixture into balls. The bigger the balls, the fewer the recipe will yield. The photo above shows balls made with a round teaspoon measuring spoon, and yielded about 28 pieces. Place on parchment paper on a cookie sheet (or use a non-stick cookie sheet), cover with plastic wrap or wax paper, and refrigerate for one hour. The truffles are then ready to serve.

VEGAN Facts: Food Choices = Animal Sanctuary!

By adopting a vegan diet, you spare the lives of about 200 animals every year. That's a lot of animals over a lifetime. Simply through food choices, you can take credit for helping thousands of animals. In essence, you yourself serve as an animal sanctuary!

For hundreds of vegan recipes, visit www.humanesociety.org/recipes.



PO Box 11395 Albuquerque NM 87192 www.apnm.org

Making sure animals matter in every New Mexican community.

"When we received APNM's grant application we recognized that this is an organization that truly understands the importance of honoring and safeguarding the bond between horses and their owners. They are unique among horse rescue organizations in their willingness to develop a food bank program, given the complex logistics involved—and it is an impressive program at that. They have established an efficient and effective process for food distribution to horse owners and we look forward to working with APNM to share their knowledge about best practices with other rescue groups."

- Dianne McGill, Executive Director and CEO, Banfield Charitable Trust

Animal Protection of New Mexico: Faces of APNM

Phil Carter is APNM's multi-talented and uniquely qualified Equine and Wildlife Campaigns Manager.

This position requires flexibility and a substantially broad spectrum of knowledge because of the diversity of the two pressing campaigns. Phil brings to these challenging initiatives his expertise and a keen interest in both wildlife and equines. On any given day you might find him researching information necessary to establish a new equine service that doesn't yet exist in our state, screening applicants for one of the Equine Protection Fund's programs, and helping a landowner learn how to install a flow device to mitigate property damage from beavers.

Phil was born and raised in Missouri, grew up with Arabian horses, and there developed a love for the great outdoors. Phil studied political science at the University of Missouri and environmental science at the University of New Mexico. While at UNM, Phil led a student conservation organization for the N.M. Wilderness Alliance. Phil put his political science background to work as a campaign field organizer for a variety of candidates for office. Phil also is a talented social media junkie, helping APNM maintain a strong and consistent presence on Facebook and other social media sites.

Despite his comfort level with computers and cyberspace, Phil is an avid outdoorsman, a capable leader of outdoor expeditions and wilderness education, and an experienced landscaper and gardener. When he's not helping New Mexico's wildlife or horses, Phil can most likely be found digging in his garden, exploring New Mexico's fabulous back country with his fiancé, Kristina, or enjoying the company of their cats, Norman and Morgana.

