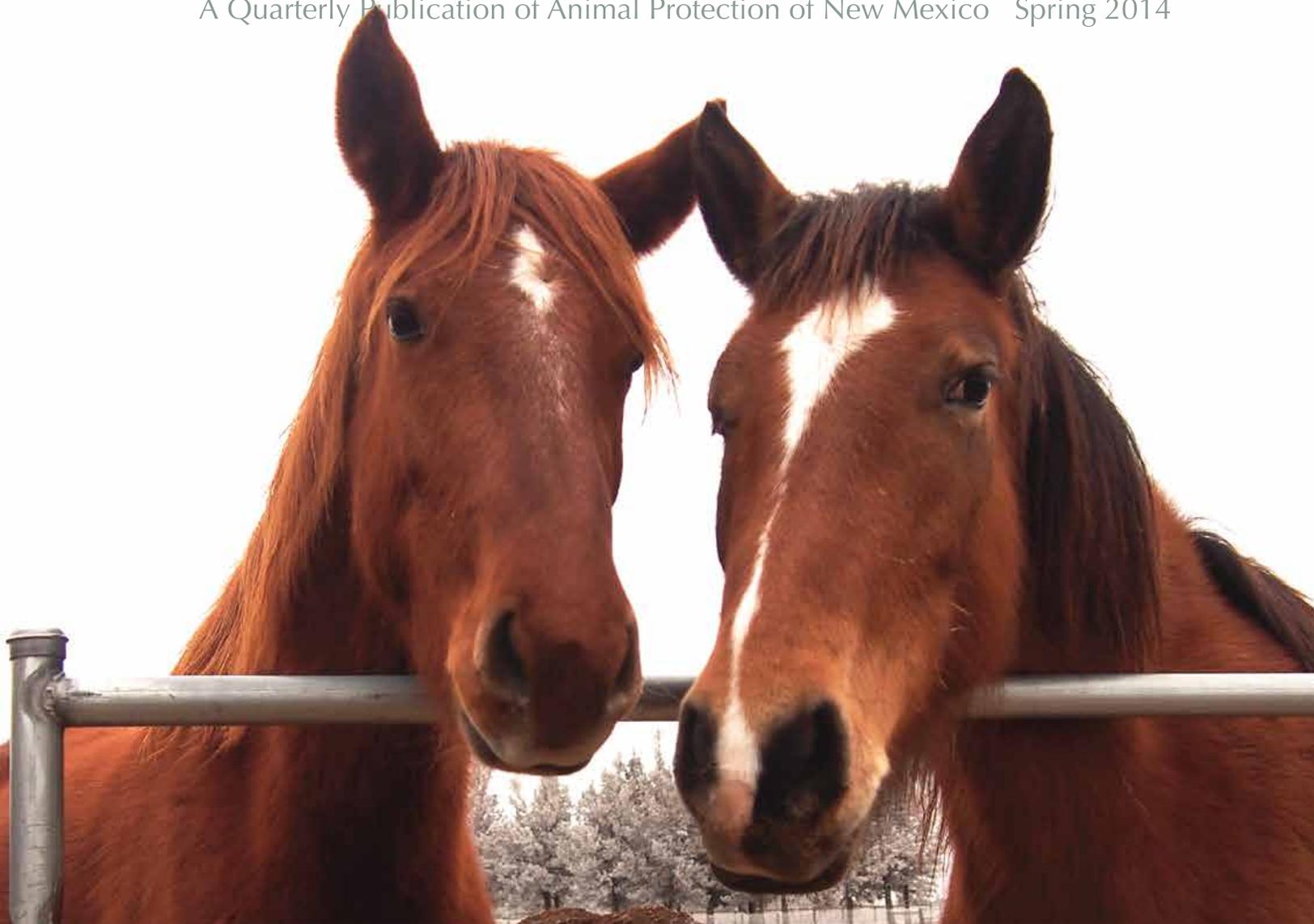


# MAKING TRACKS

A Quarterly Publication of Animal Protection of New Mexico Spring 2014



## THE YEAR OF THE HORSE

**BUILDING HUMANE HORSEMANSHIP IN NEW MEXICO**



Dear Friend of the Animals,

I recently found myself reminiscing about my childhood days spent riding horses every chance I could get. I was digging through a box of memorabilia and uncovered some show trophies and ribbons and even a lock of horsehair. My memories of extensive rides with my sisters and time spent with our horses are long and deep. I know the positive experiences I gained from our horses are what inspire me to want to ensure we're doing right by all equines in the here and now.

APNM and other equine advocates talk about horses as teachers, companions, healers, athletes. We lament all the 'dark corners' of the equine world that lead to unimaginable suffering: neglect, violent training methods, racing doping, breeding without consideration for where foals will end up, relegating horses to small paddocks without exercise, turning a blind eye to horse abuse for profit, treating horses as mere commodities, and clinging to the tired excuses that resist change and defend indefensible horse slaughter.

For many, including those of us who have spent so many years in horse company, this lament is not academic. It is physically painful to contemplate cruelty, in part because we have developed strong bonds to these fabulously intelligent, strong, yet vulnerable individuals. Others simply have developed that level of empathy without the direct experience.

The vast majority of New Mexicans—indeed of Americans—thinks horse slaughter is wrong and they yearn for truly humane solutions. To its credit, New Mexico is arguably at the forefront of the entire nation with respect to creating a robust equine safety net. Equine rescue shelters and the Equine Protection Fund (HelpOurHorses.org) together have collectively helped thousands of horses. Our state's charge is to ensure thousands more each year can get relief. The solutions are right in front of us, and they're not complicated. APNM is a leader in establishing this vision, and your support will sustain us. We believe where there's a will, there's a way.

Sincerely yours,

Elisabeth Jennings,  
Executive Director

# MAKING TRACKS™

*Making Tracks* is a publication of  
Animal Protection of New Mexico.

SPRING 2014 Edition

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## On the Cover

Two rescued horses at Equine Outreach sanctuary in Bend, Oregon. Read more about this photoshoot on page 10.

*Photo by Jessi Princiotto.*

# 2014: THE YEAR OF THE HORSE



Since the April 2012 revelation of a proposed horse slaughterhouse in Roswell, caring New Mexicans have galvanized to defend the dignity of horses, donkeys, and mules against those few who would treat them as mere commodities.

As this issue of Making Tracks goes to press, Senator Udall, Senator Heinrich, and Representatives Luján and Lujan Grisham have co-sponsored the Safeguard American Food Exports (SAFE) Act—all but one of our members of Congress. The legislation would ban both domestic slaughter and the export of animals to

foreign facilities for slaughter via an inherently cruel transport system. Additionally, all four opposed the use of tax dollars for horse slaughter inspections. These leaders' actions affirm and reflect the 70% of New Mexican voters who oppose the appalling practice of horse slaughter.

*Continued next page*

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At the state level, this majority opposition to horse slaughter has been expressed through elected leaders in both parties. Governor Susana Martinez, Attorney General Gary King, State Land Commissioner Dr. Ray Powell Jr. , and State Representative James Roger Madalena have all issued strong statements in recent years and State Representatives Sheryl Williams Stapleton, Emily Kane, Gail Chasey, Liz Thomson, and the late Dr. Stephen Easley have been inspiring voices in support of horses at the state legislature. These officials have drawn upon a variety of backgrounds including criminal justice, ranching, veterinary medicine, animal advocacy and diverse heritage to say in certain terms that slaughter is unwelcome in New Mexico.

The accomplishments of 2012 and 2013 are bringing a genuine sea change to how we as a society view the welfare of horses, donkeys, and mules. With the threat of a horrific enterprise looming, New Mexicans and Americans have realized that we cannot accept horse slaughter and must implement lasting and truly humane solutions to the suffering of animals. It is imperative that we continue on this path in 2014.

2014 has already seen remarkable accomplishments in the fight against slaughter and the people's mandate for compassion. In January, President Obama signed the 2014 federal spending bill, a bipartisan effort that strips all funding of USDA inspections of equine slaughterhouses. Without federal money for inspectors, equine slaughter is now under a de facto ban nationally.

In New Mexico, in the strongest showing of leadership to date by elected officials, New Mexico Attorney General Gary King filed a lawsuit against the would-be slaughterers at Valley Meat Company to prevent the health and environmental risks to New Mexicans from the practice of industrialized horse slaughter. The judge presiding over the case agreed, granting a preliminary injunction on January 17 to prevent the opening of the slaughterhouse. Further confirming the hazards of horse slaughter, a state attorney overseeing the granting of a wastewater discharge permit to Valley Meat Company recommended in January that the state environment department deny the permit.

Though immediate resumption of horse slaughter has been averted at least until the end of the federal fiscal year (September), APNM has long maintained that merely blocking the companies from opening doesn't address the underlying reasons why animals have so far been doomed to slaughter—for horses to receive dignity and compassion, we must roll up our sleeves and change the system.

Beginning in summer 2013, APNM has been collaborating with and supporting the efforts of former Governor Bill Richardson, whose Foundation to Protect New Mexico Wildlife has been instrumental in negotiating a public policy shift toward humane horse management on the Navajo Nation. Richardson has brought diplomacy and high-powered dedication to the fight for horses, and for his actions received the Humane Society of the United States' Horseman of the Year Award in January.

Meanwhile, the APNM-spearheaded Equine Protection Fund continues to be a vital resource for needy horses, donkeys, and mules, marking its 500th animal helped in February. Yet even with every great, recent accomplishment against slaughter, there is still so much more work needed to provide humane care for equines, and it is our responsibility as New Mexicans and Americans. For this Year of the Horse, please get involved in ensuring the Equine Protection Fund and other horse protection programs not only remain effective but grow into a full-fledged safety net for equines in our state. To contribute financially or volunteer your time, visit [HelpOurHorses.org](http://HelpOurHorses.org) or contact [victoriak@apnm.org](mailto:victoriak@apnm.org).

Compassionate New Mexicans have shown our collective might on behalf of horses. This year and beyond, help us expand and ensure a safe, dignified life for every horse, donkey, and mule. They deserve no less.



# WHY THE YEAR OF THE HORSE MATTERS

## Farm Animals in the Classroom?

Through a generous donation from the owner of Sherpa's Farm, a northern New Mexico farm animal sanctuary, *The Animal Connection* humane education program now includes a film documentary about farm animals. "Sherpa's Farm" follows llamas, horses, goats, mules, cows, donkeys, and sheep, and captures the responsibilities and benefits derived from the humane stewardship of these animals. Given the large number of students in the humane education program who have farm animals, this is an important component of the program.

Last summer found Education Director, Sherry Mangold, assisting APNM's gifted UNM Video-Journalism intern, Lindsay Topmiller. The film has a two-fold goal: to teach students that with patience, good care, and training, even 1,700 lb. Jersey cows will be comfortable exhibiting and sharing their endearing personalities; and to clearly illustrate the work involved in keeping farm animals healthy and happy.

"Sherpa's Farm" begins with the sanctuary's owner introducing the animals, explaining the circumstances that brought them to her, the special care and training provided and the personalities that emerged. Topmiller catches each of these personalities as the animals prance, pose, caper about, and mug the camera.

The work necessary to properly care for the animals is also depicted. Students meet the farrier and watch him trim the hooves and make new shoes for Ruthie, the mule. They see the veterinarian "float" (an equine dental procedure) the teeth of Knight, the plow horse, and watch the ranch manager carefully prepare a mash for the elderly sheep, Gabriel. Students witness the patience involved in weaning Spring, the baby donkey, from her ever watchful mother. Meanwhile, the Alpine goats show off their climbing abilities as the camera shows the special fencing constructed to keep them safe.

In order to capture the antics of these New Mexico starlets, Topmiller spent her summer filming at Sherpa's Farm. The result is a beautifully crafted film that is both educational and entertaining.



## Why I Support APNM

"The value of humane treatment of animals is formed during the young years of a child's life. So, when I found out about Animal Protection of New Mexico's *The Animal Connection* program, I jumped on board as both a regular sponsor and as an Ambassador.

This program enters schools Pre-K through 8th grade and presents a unique and comprehensive curriculum designed to foster lasting social skills and instill the value of humane treatment of all living things with an emphasis on animals. Amazing! We can help support fundamentally changing the outcome of the mistreatment and neglect of animals by supporting APNM and *The Animal Connection*."



**C. Paige LoPour**, APNM Member, Humane Education Ambassador, and supporter of *The Animal Connection* program, with her dog, **Dakota**

## Santa Fe

At a hearing in mid-January, a Santa Fe District Court judge issued a preliminary injunction against Valley Meat Company, preventing the opening of a horse slaughterhouse in Roswell until Attorney General Gary King's lawsuit is resolved. The lawsuit argues that a horse slaughterhouse poses significant danger to consumers and the environment.

## Moriarty

APNM's Animal Shelter Program Manager helped secure a \$1,200 spay/neuter grant for the Torrance County community of Moriarty, and a \$4,500 grant from The Petco Foundation for the town of Estancia to support animal adoption efforts.

## Statewide



This year, the Animal Sheltering Board hopes to distribute \$30,000 in proceeds from New Mexico's "Pet Care License Plate" to spay/neuter programs statewide. Thanks to APNM and APV, state law guarantees \$25 from each plate sold goes to a safeguarded spay/neuter fund.

To order your plate, go to:  
<http://www.mvd.newmexico.gov/organizations-and-causes.aspx>

## Hurley

APNM's Animal Shelter Program Manager helped Grant County's community of Hurley secure a \$5,000 grant from The Petco Foundation to help meet animal shelter improvement needs.

## Las Cruces, Roswell

In December 2013 nearly 70 employees of the Children, Youth & Families Department-Southern New Mexico attended APNM's training workshops in Las Cruces and Roswell on the Link between animal cruelty and family violence. One social worker's response: "Very good training! I recommend it to all Protective Services staff and Law Enforcement." We heartily agree!

## Across the U.S.

The Chimpanzee Sanctuary Fund (Chimp Fund) has been created at the New Mexico Community Foundation to make grants to chimpanzee sanctuaries helping to retire hundreds of chimpanzees in the next three years, including all of the nearly 200 surviving chimps in Alamogordo. Though housed in New Mexico, the Chimp Fund will support sanctuary efforts across the US.

## A Young Advocate Takes a Stand

In early January, Farmington residents came out to march and ride on behalf of horse welfare and against horse slaughter facilities in New Mexico. The event, a public affirmation of the value of living and thriving horses, was organized by local teenager and equine advocate Lacie Bizzell.

Concerned about Valley Meat Company's potential opening of a Roswell horse slaughterhouse, Lacie created the event as a showcase for people's relationships to horses as thoughtful and loyal companions. Speaking to the Farmington Daily-Times, she explained her intent: "I figured, why not try to get people to understand two different points—from the horses' point and from our point."

Lacie, 17, grew up with horses and now keeps a mare named Little Bit. A vegetarian, she is acutely interested in animal welfare and plans to pursue an Equine Specialist degree from Colorado State University.



Photo courtesy of Lacie Bizzell

## Why I Support APNM

"APNM's amazing program [*The Animal Connection*] addresses all facets of children's nature in a way that can only produce more compassion and caring for creating profound changes in each child's relationship to animals. Its in-depth structure encompasses awareness and creativity, hands-on activities, and education which will surely affect their personal lives and give them a life-long vision and tools to make a lasting and far-reaching humane reality about all the animals we love."



**Margaret Soriero**, APNM Member and supporter of *The Animal Connection* Program



Witness animal cruelty  
or neglect? Call the APNM  
**Cruelty Hotline**

**1-877-5-HUMANE**

We can help and refer the situation to the right agency in your area. *Confidentially.*



## Therapy Dog Teams Bring Living Lessons to the Classroom

**Animal-assisted therapy** is a broad term encompassing work done by animal therapy teams to enhance a person's physical and emotional well being. Extensive research shows that visits from therapy dog teams improve self-esteem, reduce anxiety and depression and promote healing. But those visited are not the only ones to reap the benefits.

When preparing for evaluations, training and working together, guardian/handlers and their dogs come to new realizations and understandings about each other. Working together to bring comfort to others creates a bond that would otherwise be unimaginable. APNM's Sherry Mangold and Cindy Wacek, creators and teachers of *The Animal Connection* education program, know those benefits. Both have working therapy dogs and both are members and trainers with the Southwest Canine Corps of Volunteers (SCCV). This organization evaluates, trains, and mentors both the human and canine components of a therapy dog team.

After passing three evaluations, intense training sessions, an apprenticeship program and graduation, the dog and handler are registered and insured as a team, allowing them to visit a multitude of facilities. Knowing the magnetic pull between children and animals, *The Animal Connection* program brings SCCV therapy dog teams into the classroom to enhance many of its lessons.

Therapy dogs sit calmly while students practice newly learned grooming techniques. They pose as students learn to read their body language and how to safely approach a dog. They assist in teaching loose dog and bite safety. The students see the consequences of chaining through a visit with Gracie, a 3½ lb. Chihuahua who when rescued was found with a chain embedded in her neck, leaving a lifetime scar. The story of Sophie, an Italian Greyhound, explains the link between animal

abuse and domestic violence as the children's hands softly touch the spot where broken ribs and her right lung had to be removed.

These special therapy dogs teach children how lives can be changed and what can be accomplished with patience and love. But the therapy dogs also entertain with a variety of tricks. They "shake paws," high-five, roll over, open doors, answer the phone, catch Frisbees and sit up, all living lessons of what good care, attention, patience, and love can create between human and animal companions. Having therapy dogs in the classroom is compelling, living proof of both the good and the bad, reinforcing lessons the students will never forget.

APNM salutes the tireless hours the members of SCCV spend in training and sharing their magnificent dogs with the children of New Mexico. Indeed, they help create *The Animal Connection*. For information on evaluation requirements, the training program, and visiting opportunities for therapy dog teams, visit the SCCV website at [www.sccvtherapy-dogs.com](http://www.sccvtherapy-dogs.com)



## New Mexico Residents: Donate Your State Tax Refund to the New *Horse Shelter Rescue Fund*



In 2013, Animal Protection Voters, the legislative arm of Animal Protection of New Mexico, worked with Senator George Muñoz (D-Gallup) to pass a bill creating the Horse Shelter Rescue Fund within the New Mexico Livestock Board (Board). The new fund was modeled after a highly successful effort in Colorado that

funnels more than \$100,000 annually to horse shelters there.

New Mexico's Horse Shelter Rescue Fund was established so New Mexican taxpayers can voluntarily donate their state tax refunds to benefit New Mexico equine rescue organizations licensed and regulated by the Board.\*

2014 is the first year New Mexican taxpayers can participate, so please help this effort succeed for the benefit of horses all across New Mexico.

To donate your New Mexico tax refund to the Horse Shelter Rescue Fund, download a PIT-D Form at [apnm.org/PitD](http://apnm.org/PitD) and select the Horse Shelter Rescue Fund as the recipient of your refund. For PIT-D instructions, go to [www.apnm.org/PitDInstructions](http://www.apnm.org/PitDInstructions).

\*For information on how equine rescues can apply for grants from the Horse Shelter Rescue Fund, visit the Board's Equine Rescue section of their website: [www.nmlbonline.com](http://www.nmlbonline.com)

### ANIMAL PROTECTION OF NEW MEXICO: YOUR GIVING MATTERS

## **Double Your Donation for Equines** Two \$50,000 Challenge Grants Make That Possible

Rise to the challenge and see your donation doubled. A dedicated and generous APNM donor has pledged **two \$50,000 challenge grants** to help equines throughout New Mexico. The first challenge grant is for the immediate needs of homeless horses. The second challenge grant is for the long-term wellbeing of horses.

Whether you aim to help horses right now, or want to ensure they have help well into the future, we have a challenge grant for you! For every dollar you give, this donor will match your gift up to \$100,000.



### **Help Our Horses Now** \$50,000 Challenge Grant

Your gift will be doubled, and will help homeless horses right now through feed assistance, gelding and other veterinary care. To date, APNM has been able to help over 500 horses because of these kinds of direct services.

Give online at [www.apnm.org/donate/](http://www.apnm.org/donate/) or send a check to APNM, indicating your donation is for the "Horses-Now" challenge.

### **Help Our Horses *Into the Future*** \$50,000 Challenge Grant

Your gift to this grant will also be doubled, and it will help grow the important equine endowment meant to ensure direct services will be available far into the future. This endowment is designed so only the earnings of the fund are used for program services, ensuring those services are available as long as they are needed.

Give online at [www.apnm.org/donate/](http://www.apnm.org/donate/) or send a check to APNM, indicating your donation is for the "Horses-Future" challenge.

Please give now, see your donation doubled, and help us secure a total of \$200,000 for horses in 2014 so hundreds of needy equines receive the relief they need.

# Why I Support APNM

"I photographed the horses for the cover story of this issue of Making Tracks at Equine Outreach in Bend, Oregon. Joan Steelhammer, Founder and Director of the organization, was happy to allow me to photograph at her beautiful equine rescue and sanctuary in support of the work that APNM is doing on behalf of horses.

I've had the privilege of working with APNM for the past several years. Despite moving to Oregon in 2013, I am proud to continue to support this phenomenal organization. If you ever wonder just how valuable and important APNM is to the state of New Mexico, visit a state that doesn't benefit from the types of services and programs that APNM offers. Imagine not having a Cruelty Hotline to call when you witness animal abuse, imagine how much harder it is for victims of domestic violence to leave dangerous situations when they don't have a CARE program to provide a safe place for their companion animals, imagine not having an equine feed assistance program to turn to for help when times are tough, and imagine not having an organized presence that speaks up for the compassionate and humane treatment of animals—a cause that benefits us all.

If you love animals and you appreciate the tremendous good that APNM brings to the state of New Mexico, please join me in supporting this vital organization that accomplishes so much. I truly hope that one day, an "APNM" organization will exist in every state."



**Jessi Princiotto**, Bend, OR; APNM Member, Contractor, and Donor, with her dogs **ChoCho** and **Whiskey**

For more information on giving your support to APNM, visit [apnm.org/donate](http://apnm.org/donate)

For more information on the Equine Outreach sanctuary, visit [www.EquineOutreach.com](http://www.EquineOutreach.com)



## A New Lawyer Affects Change for Good Through Our Internship Program

The search for a fall/winter intern yielded a most tremendous result when we found Nina Eydelman. Nina recently passed the New Mexico State Bar Exam and holds a certificate in Natural Resources and Environmental Law. She also has a Bachelors Degree in Psychology. Since arriving at APNM, she has been involved in reaching out to our supporters about stopping horse slaughter in our state, retiring the Alamogordo chimps, banning killing contests, and supporting Animal Protection Voters during the 2014 legislative session.

Nina says, "Most exciting to me is making calls urging people to contact their legislators when a bill affecting animals is up for a vote. It reminds me how many people care and, when I see such bills pass, I know that we're making a difference. I am proud to be able to help the amazing team of dedicated individuals who make up APNM and its legislative arm, Animal Protection Voters!"



Let the Good Go On  
Learn more about planned giving at  
[www.apnm.org/support/planned\\_giving.php](http://www.apnm.org/support/planned_giving.php)



## Polynesian Fried Tofu

*For this sweet and tropical dish, be sure to have a wok, two large, heavy bowls, apron, and splatter screen on hand before you begin. Serves two.*

- 1 package (14-16 oz.) Extra Firm tofu
- 1/3 cup high temperature oil (safflower, peanut, or canola)
- 1 bunch scallions (green onions), chopped
- 5 cloves garlic, crushed or chopped
- 1/2 tsp peeled and chopped ginger root
- 1 8-ounce can crushed pineapple
- 4 TBS plum sauce
- 1 cup jasmine rice (prepared)

Drain tofu and pat dry. Cut into 1/2-inch cubes.

Using cheesecloth or paper towels, line bottom of first bowl and place tofu squares on lining in a single layer. Top with more cheesecloth/paper towels and tofu in layers until all tofu is drying in the bowl. Place second bowl on top of the contents in first bowl. Let sit for at least 1/2 hour.

Drain the pineapple, setting juice aside.

Heat oil in wok on high heat (or 350 degrees if using electric wok). Inspect tofu cubes—they should be completely dry. If not, repeat towel-drying process. Gently add tofu cubes using a slotted spatula. [Note: be sure tofu is completely dry! Water droplets in hot oil can be a dangerous splatter hazard.]

Place splatter screen on wok and cook for five minutes, gently agitating contents of wok to avoid sticking. Flip tofu using spatula until golden brown. Remove from wok, cover, and set aside.

Reduce heat to medium (300 degrees in electric wok) and add garlic, ginger, and scallions. Stir fry for two minutes.

Add pineapple, fry for two minutes. Remove wok from heat. Add plum sauce and pineapple juice to wok contents, stir. Add tofu squares and stir. Serve over jasmine rice.

Photo: Jessi Princiotta

## 15 Reasons to Go Veg

*Vegetarian Times* magazine lists these compelling reasons for going vegetarian:

- |   |  |                                 |
|---|--|---------------------------------|
| <b>1</b> Ward off disease                   | <b>2</b> Keep your weight down               | <b>3</b> Live longer            |
| <b>4</b> Build strong bones                 | <b>5</b> Reduce risk of food-borne illnesses |                                 |
| <b>6</b> Ease menopause symptoms            | <b>7</b> Have more energy                    |                                 |
| <b>8</b> Be more "regular"                  | <b>9</b> Reduce pollution                    | <b>10</b> Avoid toxic chemicals |
| <b>11</b> Reduce famine                     | <b>12</b> Spare animals                      | <b>13</b> Save money            |
| <b>14</b> Have a dinner plate full of color | <b>15</b> It's easier than ever              |                                 |

Read more and get inspired to try it, even a few days a week to start out:

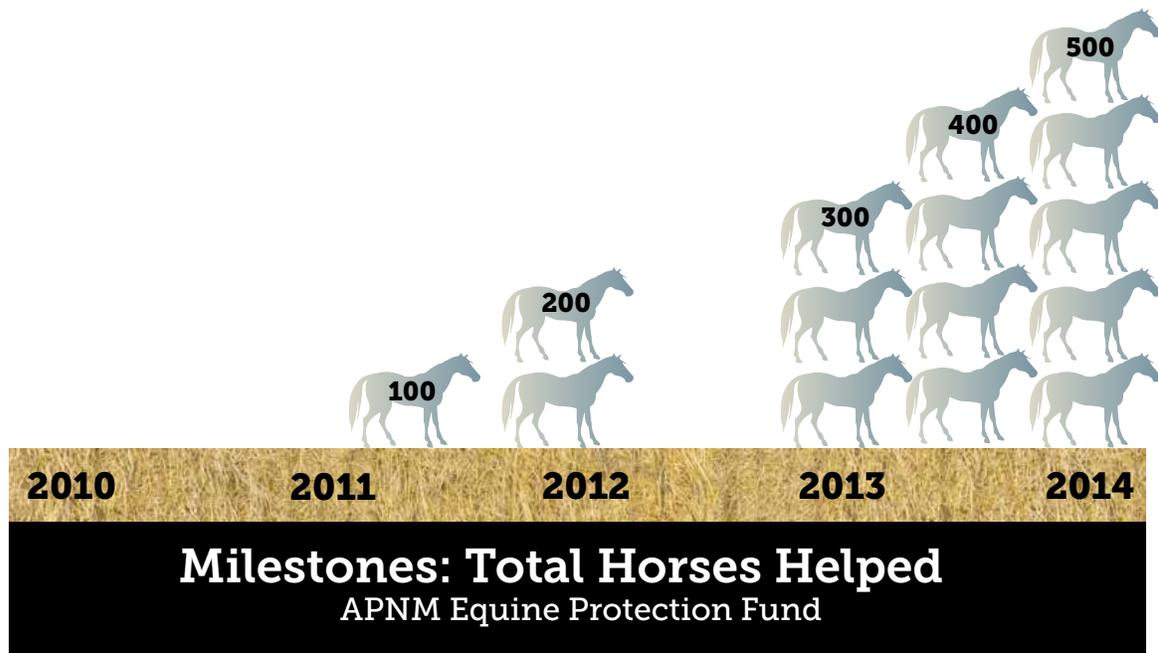
<http://www.vegetariantimes.com/article/why-go-veg-learn-about-becoming-a-vegetarian/>





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*Making sure animals matter in every New Mexican community.*



#### ANIMAL PROTECTION OF NEW MEXICO: FACES OF APNM

## Victoria Kanof



Loving horses is in Victoria Kanof's DNA. Her grandparents raised Morgan horses and German Shepherds for the mounted police force in Oconomowoc, WI, where her grandfather was Chief of Police. Victoria has loved animals—and horses in particular—her entire life. But she didn't receive her first horse until she was an adult: her Mr. Swift was standing in her driveway with a big red bow around his neck with the note "Happy Birthday." An off-the-track Thoroughbred and grandson of Secretariat, Mr. Swift quickly won the hearts of her family, beginning her long and wonderful relationship with horses. Victoria has been a volunteer with therapeutic riding programs both in El Paso and Dallas.

Since 2013, Victoria has been Animal Protection of New Mexico's Equine Development Officer, thanks to a generous grant by the ASPCA®, and she spends all her time

raising awareness and the dollars needed to sustain the Equine Protection Fund ([www.HelpOurHorses.org](http://www.HelpOurHorses.org)).

A native Texan, Victoria studied biology at the University of Texas at El Paso, and then moved to Dallas where she worked in the philanthropy office of The Nature Conservancy for over seven years. In 2013 Victoria moved to Las Cruces where her daughter Lauren, an accomplished horsewoman, and son Stu both live. Victoria's extended family also includes a re-homed, off-the-track Thoroughbred named Bentley, a rescued Golden Retriever named Charlie, and a rescued Goldendoodle named Ozzie. When not out raising awareness and money for the Equine Protection Fund, Victoria loves doing anything horse-related, traveling, visiting horse-themed art galleries, skiing, hiking, reading, cycling, gardening, and culinary arts.