New Mexico Vegan Dining Guide

Restaurants are listed by city and separated into the following categories:

**Vegan**: only offer vegan foods, desserts, drinks, etc., and do not serve any meat, dairy, egg, etc.

**Vegetarian**: do not serve any meat, but may serve dairy, egg, honey, etc. They offer at least a few vegan options, and often times many of their menu items can be veganized.

**Vegetarian Options**: serve meat and other animal products, but do offer at least 2 or more vegan options (or vegetarian options that are easily veganized) not including sides or side salads.

Learn more at apnm.org/plantbased.
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### Vegan

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<th>Specialties</th>
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<tr>
<td>THAI VEGAN</td>
<td>5505 Osuna Rd. NE, NM</td>
<td>(505) 884-4610</td>
<td><a href="http://www.thaivegannm.com">www.thaivegannm.com</a></td>
<td>Vegan Thai cuisine, burgers, sandwiches, wraps, nuggets, fries</td>
</tr>
<tr>
<td>PLANTY SWEET</td>
<td>No store front - special orders only</td>
<td>(505) 433-7111</td>
<td><a href="mailto:plantysweet@gmail.com">plantysweet@gmail.com</a></td>
<td>100% vegan bakery, Sells at downtown grower’s market, Railyards market, Zendo Coffee House, Humble Coffee and Whispering Bean Coffee. Also, does special orders!</td>
</tr>
<tr>
<td>WANDERLUST VEGAN EATERY</td>
<td>1425 4th St NW, NM</td>
<td>(505) 347-8522</td>
<td><a href="https://www.facebook.com/wlveganeatery">https://www.facebook.com/wlveganeatery</a></td>
<td>All vegan and gluten-free bakery. Opening in January 2019</td>
</tr>
<tr>
<td>TRACY’S BAKED GOODS</td>
<td>Albuquerque, NM</td>
<td><a href="mailto:tracysbakedgoods@gmail.com">tracysbakedgoods@gmail.com</a></td>
<td><a href="https://www.facebook.com/bakedgoodsbytracy/">https://www.facebook.com/bakedgoodsbytracy/</a></td>
<td>No store front. Takes orders for cakes, cupcakes, cookies, cakes, muffins, pies, etc.</td>
</tr>
<tr>
<td>ROOT 66 FOOD TRUCK ABQ</td>
<td>Albuquerque, NM</td>
<td><a href="https://www.facebook.com/Root66FoodTruck/">https://www.facebook.com/Root66FoodTruck/</a></td>
<td>Various locations, dates and times. Check Facebook page for details.</td>
<td>Entire menu is always vegan. Offer a variety of items including tamales, burgers, nachos, and more.</td>
</tr>
<tr>
<td>VEGOS</td>
<td>Albuquerque, NM</td>
<td><a href="mailto:vegosabq@gmail.com">vegosabq@gmail.com</a></td>
<td><a href="https://www.vegosabq.com">https://www.vegosabq.com</a></td>
<td>No store front, sells at Railyards, pop-up markets, and events. Food can be ordered from website also. Check Facebook page for updates on locations.</td>
</tr>
</tbody>
</table>
PALM TREES CONFECTIONS GALLERY
Albuquerque, NM
Phone: (505) 377-1530
PalmTreesfoundation@gmail.com
https://palmtrees.onuniverse.com

No store front.

All vegan, craft pastries and desserts. Takes special orders and sells at pop-ups and events. Check Facebook page for updates.

Vegetarian

AN HY QUAN VEGETARIAN RESTAURANT
1405 Juan Tabo NE
Albuquerque, NM 87112
Phone: (505) 332-8565
www.facebook.com/ANHYQUANVEGETARIANRESTAURANT

Tue-Sat 11am-9pm, Sun 11am-8pm, Monday closed

Vietnamese cuisine; everything is vegan except for a few items: deep fried egg rolls, won ton skins, and chow mein noodles all contain egg. Serves feaux

ANAPURNA WORLD VEGETARIAN CAFE
2201 Silver Ave. SE
Albuquerque, NM 87106
Phone: (505) 262-2424
www.chaishoppe.com

Mon-Sat 8a-8p, Sun 10a-8p

All-vegetarian with a wealth of vegan options; Ayurvedic and international cuisine.

ANAPURNA WORLD VEGETARIAN CAFE
5939 4th Street NW
Albuquerque, NM 87107
Phone: (505) 254-2424
www.chaishoppe.com

Mon-Sat 8a-8p, Sun 10a-8p

All-vegetarian with a wealth of vegan options; Ayurvedic and international cuisine.
ANNAPURNA WORLD VEGETARIAN CAFE
5200 Eubank NE Suite E7
Albuquerque, NM  87111
Phone: (505) 275-2424
www.chaishoppe.com
Mon-Sat 9a-8p, Sun 10a-6p
All-vegetarian with a wealth of vegan options; Ayurvedic and international cuisine.

THE ACRE
4410 Wyoming Blvd NE
Albuquerque, NM  87111
Phone: (505) 299-6973
https://www.theacrerestaurant.com
Mon-Fri 11a-9p, Sat-Sun 10a-9p
Vegetarian restaurant with lots of vegan options (separate vegan menu). Comfort food with a variety of options including desserts.

MATA G
116 Amherst Dr SE
Albuquerque, NM  87106
Phone: (505) 266-6374
https://mata-g.com
Vegetarian restaurant with vegan options in Nob Hill. Opened in November 2018. Also offers variety of to-go options.

FEI HEALTH CAFÉ
2918 Eubank Blvd NE
Albuquerque, NM
Phone: (505) 299-2400
http://www.albuquerque.com/places/feis-cafe
Tue-Sun 11a-2p, 4p-8p; Closed Mon
Lots of vegan options including seitan, tofu, fishless filets, and vegetable nuggets. Almost anything on menu can be made vegan. Has house made soy milk.
Vegetarian Options

BUDAI GOURMET CHINESE
6300 San Mateo NE, H-1
Albuquerque, NM  87109
Phone: (505) 797-7898
www.budaigourmet.com

Wed-Fri 11:30am-9pm
Sat 12-9pm
Sun 12- 8:30pm
Mon-Tue: Closed

Excellent vegetable and tofu entrees.

CAFE DA LAT
5615 Central Ave. NE
Albuquerque, NM  87108
Phone: (505) 266-5559
www.cafedalatnm.com

Mon-Sat 10:30am-9:00pm
Sun Closed

Vegan-friendly Vietnamese cuisine. Ask for no fish sauce.

CHEN'S CHINESE FOOD
235 Juan Tabo Blvd. NE
Albuquerque, NM  87123
Phone: (505) 298-9214
https://www.facebook.com/Chens-Chinese-Restaurant

Mon-Thu: 11am-9pm
Fri-Sat: 11am-10pm
Sun: 12pm-9pm

Vegetarian and vegan entrees.

CHINA GARDEN
12611 Montgomery Blvd. NE
Albuquerque, NM  87111
Phone: (505) 299-8899
www.chinagardenabq.com

Mon-Thu 11am-9pm, Fri-Sat
11am- 9:30pm, Sun 12-9pm

Vegetarian/vegan eggrolls and entrees.

CHINA INN
9500 Montgomery Blvd. NE
Albuquerque, NM  87112
Phone: (505) 293-4297
https://www.facebook.com/pages/China-Inn-Restaurant/120437197973346

Mon-Thu 11a-10p, Fri-Sat 11:30a-11p, Sun 11:30a-10p

Variety of vegetable and tofu entrees.

HUONG THAO
1016 Juan Tabo Blvd. NE, Suite B
Albuquerque, NM  87112
Phone: (505) 292-8222
https://www.facebook.com/Huong-Thao-160161097328012/

Tue-Thu 11a-9p, Fri-Sat 11a-9:30p, Sun 11a-8:30p

gluten-free friendly Vietnamese cuisine; rice noodles.
JAPANESE KITCHEN SUSHI BAR
6511 Americas Parkway NE
Albuquerque, NM  87110
Phone: (505) 872-1166
http://japanesekitchen.com
Lunch: Mon-Sat 11:30a-2:30p
Dinner: Mon-Thu 5p-9p, Fri-Sat 5p-10p
Vegetarian and vegan sushi; tofu option; tempura has egg; all food cooked in front of you on same grill with animal products.

JINJA BAR & BISTRO
8900 Holly Ave. NE, Suite B
Albuquerque, NM  87122
Phone: (505) 856-1413
www.jinjabistro.com
Mon-Fri 11a-10p, Sat-Sun 11:30a-10p
Substitute tofu in entrees and lettuce wraps. Miso Soup, Tokyo Crispy Tofu and Chow Fun Chili Noodles are vegan.

JINJA BAR & BISTRO
5400 Sevilla Ave.
Albuquerque, NM  87120
Phone: (505) 792-8776
www.jinjabistro.com
Mon-Fri 11a-10p, Sat-Sun 12p-10p
Substitute tofu in entrees and lettuce wraps. Miso Soup, Tokyo Crispy Tofu and Chow Fun Chili Noodles are vegan.

JOY CUISINE
2842 Carlisle Blvd. NE
Albuquerque, NM  87110
Phone: (505) 888-0203
www.joycuisinealbuquerque.com
Mon-Sat 10:30a-9p, Sun 4:30p-9:30p
Chinese cuisine; vegetable and tofu entrees.

MAY CAFE
111 Louisiana Blvd. SE
Albuquerque, NM  87108
Phone: (505) 265-4448
www.maycafe.com
Mon-Sat 10a-9p
Tofu and vegetable entrees, tofu/veggie sandwich; will customize order; specify no eggs in veg fried rice, and no fish ingredients.

P.F. CHANG’S CHINA BISTRO
4440 The 25th Way, NE
Albuquerque, NM  87109
Phone: (505) 344-8282
www.pfchangs.com
Sun-Thu 11a-10p, Fri-Sat 11a-11p
Variety of vegan options. Ask for no egg in the veg fried rice.

ORCHID THAI
4300 Central Ave. SE
Albuquerque, NM  87108
Phone: (505) 265-4047
www.orchidabq.com
Mon-Sat 11a-10p, Sun 5p-10p
Need to specify no oyster sauce. Tofu and vegetable entrees.

P.G. 7

SALA THAI
3619 Copper Ave. NE
Albuquerque, NM  87108
Phone: (505) 265-9330
https://www.facebook.com/pages/Sala-Thai/168006943262301
Lunch: Mon-Fri 11a-2:30p, Sat 11:30a-3p
Dinner: Mon-Thu 5p-9p, Fri-Sat 5p-9:30p, Sun 5p-9p
Vegetable and tofu entrees or substitute tofu for meat in many dishes; vegan tapioca dessert.

SHOGUN JAPANESE RESTAURANT
3310 Central Ave. SE
Albuquerque, NM  87106
Phone: (505) 265-9166
Lunch: Mon-Fri 11:30a-2p, Sat 12p-2:30p
Dinner: Mon-Thu 5p-9:30p, Fri-Sat 5p-10:30p
Garlic Edamame and Avocado Rolls are vegan.
SIAM CAFE
5500 San Mateo Blvd. NE, Suite 101
Albuquerque, NM  87109
Phone: (505) 883-7334
www.siamcafeabq.com

Mon-Sat 9a-11p

Vegan menu includes noodles, fried rice, soups, salads, stir fries, curries.

THAI CUISINE
4201 Central Ave. NE
Albuquerque, NM  87108
Phone: (505) 232-3200
www.thaicuisinenm.com

Mon-Fri 11a-9p, Sat-Sun 5p-9p

Lots of vegan options. Has vegan “meat.”
Offer lunch special that comes with eggrolls (vegan) and dessert pudding (coconut milk based).

THAI CUISINE II
4201 Central Ave. NE
Albuquerque, NM  87108
Phone: (505) 232-3200

www.thaicuisinenm.com

Mon-Sat 9a-11p, Sat-Sun 5p-9p

Vegan menu includes noodles, fried rice, soups, salads, stir fries, curries.

THAI HERITAGE
3804 Central Ave. NE
Albuquerque, NM  87108
Phone: (505) 200-2290

Mon-Sat 11a-9p; Sun 1p-9p

Have both a vegan menu and non-vegan menu.

THAI TIP
1512 Wyoming Blvd NE
Albuquerque, NM  87112
Phone: (505) 323-7447
https://www.facebook.com/thaitiprestaurant

Mon-Fri: 11a-9p, Sat 5p-9p

Vegetable and tofu entrees. A lot of dishes can be made vegan. Ask for no fish sauce.

TAJ MAHAL CUISINE OF INDIA
1430 Carlisle Blvd. NE
Albuquerque, NM  87110
Phone: (505) 255-1994
http://tajmahalcuisineofindia.com

Lunch: Mon-Sun 11a-2:30p
Dinner: Sun-Thu 5p-9:30p, Fri-Sat 5p-10p

Many vegetarian entrees. When ordering, ask to make sure the dish can be made without ghee or other dairy.

CAFE ISTANBUL
1415 Wyoming NE
Albuquerque, NM  87112
Phone: (505) 294-9900
www.facebook.com/Cafe.Istanbul.NM

Mon-Sat 11am-6pm

Falafel, hummus, and tabouli. Unique market selling Middle Eastern, Russian, and Mediterranean foods.

GYROS GREEK DINER
1430 Carlisle Blvd. NE
Albuquerque, NM  87112
Phone: (505) 296-0109
http://taajpalacenm.com

Lunch: Sun-Thu 11a-2:30p
Dinner: Sun-Thu 5pm-10pm
Fri-Sat 11a-9p

Vegan options on the menu/buffet, but make sure to specify NO ghee (clarified butter).

GYROS GREEK DINER
1430 Carlisle Blvd. NE
Albuquerque, NM  87112
Phone: (505) 296-0109
http://taajpalacenm.com

Lunch: Sun-Thu 11a-2:30p
Dinner: Sun-Thu 5pm-10pm
Fri-Sat 11a-9p

Vegan options on the menu/buffet, but make sure to specify NO ghee (clarified butter).
OLYMPIA CAFE
2210 Central Ave. SE
Albuquerque, NM  87106
Phone: (505) 266-5222
http://olympiacafeabq.com
Mon-Fri 11a-9p, Sat 11a-10p, Sun 11a-8p
Hummus, falafel, tabouli, Greek potatoes, bean and lentil soups, and some specials are vegan.

PARS CUISINE
4320 The 25th Way, Suite 100
Albuquerque, NM  87108
Phone: (505) 345-5156
www.parscuisine.us
Mon-Thu 11a-9p, Fri-Sat 11a-10p, Sun 5p-9p
Persian and Mediterranean food. Samovar Bar (tea room) and a Hookah Bar. The Hummus & Falafel Appetizer is vegan if you specify no dairy sauces. Has sorbet.

SAHARA MIDDLE EASTERN EATERY
2622 Central Ave. SE
Albuquerque, NM  87106
Phone: (505) 255-5400
www.saharamiddleeastereatey.com
Mon-Sat 10:30a-9:30p, Sun 12p-7p
Variety of vegan options; specify no dairy (some sauces have dairy).

SAHARA MEDITERRANEAN EXPRESS
2241 Q-Street NE
Albuquerque, NM  87110
Phone: (505) 881-5355
www.saharamiddleeasterneatery.com
Mon-Sat 11a-9p, Sun 11a-8p
Variety of vegan options; specify no dairy (some sauces have dairy).

AL-QUDS MEDITERRANEAN GRILL & GROCERY (FKA San Pedro Mart)
5555 Montgomery Blvd NE
Albuquerque, NM  87110
Phone: (505) 888-2921
https://www.facebook.com/alqudshookah/
Mon-Thu 10a-9p, Fri-Sat 10a-10p, Sun 10a-7p
Many vegan options, such as falafel, hummus, dolmas, and tabouli. Specify no dairy.

CERVANTES
5801 Gibson Blvd. SE
Albuquerque, NM  87110
Phone: (505) 262-2253
www.cervantesabq.com
Mon-Sat 11a-10p, Sun 11a-9:30p
Beans, rice, chile, and salsa are vegan. Can order vegan burritos, tostadas, etc. (ask for no cheese).

EL PATIO
142 Harvard Dr. SE
Albuquerque, NM  87106
Phone: (505) 268-4245
http://elpatioabq.com
Mon-Thu 8a-9p, Fri-Sat 8a-9:30p, Sun 11a-9p
Many dishes are vegetarian and can be made vegan without cheese or other dairy. Beans, tortillas, and sopapillas are all vegan. Vegetable oil is used for everything.

EL PATIO
3851 Rio Grande NW
Albuquerque, NM  87107
Phone: (505) 433-4499
http://elpatioabq.com
Tue-Sat 9a-9p, Sun 11a-9p
Many dishes are vegetarian and can be made vegan without cheese or other dairy. Beans, tortillas, and sopapillas are all vegan. Vegetable oil is used for everything.

GUAVA TREE CAFÉ
118 Richmond Dr NE
Albuquerque, NM  87106
Phone: (505) 990-2599
https://www.facebook.com/guavatreecafe/
Mon-Sat 11a-4p
Cuisine of Central and South America, including black beans, plantains, roasted veggies, and yucca fries. Can order Stuffed Arepas without cheese (or substitute avocado for cheese).
RICHARD'S MEXICAN RESTAURANT
3301 Menaul Blvd. NE
Albuquerque, NM  87107
Phone: (505) 881-1039
https://www.eatatrichards.com

Mon-Sat 8a-3:30p
Vegetarian menu. Lots of dishes can be made vegan. Specify no cheese (can add guacamole). Note: fideo contains chicken stock.

THE DAILY GRIND
4360 Cutler Ave
Albuquerque, NM  87110
Phone: (505) 883-8310
https://dailygrindabq.net

Mon-Sat 7a-8p, Sun 8a-3p
Salads, vege panini (ask for no cheese), taco salad (ask for no cheese or sour cream), portabello burgers, carries soy and almond milk for coffee. Note: veggie burger contains egg.

FLYING STAR CAFE (Nob Hill)
3416 Central Avenue SE
Albuquerque, NM  87106
Phone: (505) 255-6633
www.flyingstarcafe.com

Tue-Thu 7a-9:30p, Fri-Sat 7a-10p, Sun 7a-9p
Have a few options marked vegan. Now offering Impossible Burger (ask for rustic white bread). Buddha bowl (order w/o wontons & w/ tofu or veggies only), Vegan Migas, Power Hash (sub avocado for egg & oil for butter), House Made Veg Burger (w/o cheese, frizzled onions, or teriyaki sauce), vegan chocolate cake.

FLYING STAR CAFE (Rio Grande)
4026 Rio Grande Blvd NW
Albuquerque, NM  87107
Phone: (505) 344-6714
www.flyingstarcafe.com

Mon-Thu 6:30a-9p, Fri-Sat 6:30a-10p, Sun 7a-8:30p
See notes on Flying Star Nob Hill Location.

FLYING STAR CAFE (Juan Tabo)
4501 Juan Tabo Blvd. NE
Albuquerque, NM  87111
Phone: (505) 275-8311
www.flyingstarcafe.com

Mon-Thur 6:30a-9p, Fri-Sat 6:30a-10p, Sun 6:30a-9p
See notes under Flying Star Nob Hill Location.

FLYING STAR CAFE (Menaul)
8001 Menaul Blvd. NE
Albuquerque, NM  87110
Phone: (505) 293-6911
www.flyingstarcafe.com

Mon-Sat 7a-9p, Sun 7a-8p
See notes under Flying Star Nob Hill Location.

FLYING STAR CAFE (Corrales)
10700 Corrales Road NW
Albuquerque, NM  87114
Phone: (505) 938-4717
www.flyingstarcafe.com

Mon-Thu 6:30a-10p, Fri-Sat 6:30a-10:30p, Sun 6:30a-9p
See notes under Flying Star Nob Hill Location.

GOLDEN CROWN PANADERIA
1103 Mountain Rd. NW
Albuquerque, NM  87102
Phone: (505) 243-2424
www.goldencrown.biz

Tue-Sat 7a-8p, Sun 10a-8p
Pizza crust is vegan; a few vegan baked goods including vegan biscochitos.

JAVA JOE'S
906 Park Ave. SW
Albuquerque, NM  87102
Phone: (505) 765-1514
http://downtownjavajoes.com

Mon-Sun 6:30a-3:30p
Tofu and veggie burritos; tomato soup is vegan; wraps and veggie sandwich can be made vegan w/o dairy or egg. Note: white tortillas may contain lard.
LA MONTANITA CO-OP DELI
(Nob Hill)
3500 Central Ave. SE
Albuquerque, NM  87106
Phone: (505) 265-4631
http://lamontanita.coop
Mon-Sun 7a-10p
Vegetarian and vegan salads, sandwiches, tamales, and wraps; vegan pies, cookies, and pastries.

LA MONTANITA CO-OP DELI
(Rio Grande)
2400 Rio Grande NW
Albuquerque, NM  87104
Phone: (505) 242-8800
http://lamontanita.coop
Mon-Sun 7a-10p
Vegetarian and vegan salads, sandwiches, tamales, and wraps; vegan pies, cookies, and pastries.

LA MONTANITA CO-OP DELI
(Westside)
3601 Old Airport Road NW
Albuquerque, NM  87114
Phone: (505) 503-2550
http://lamontanita.coop
Mon-Sun 7a-10p
Vegetarian and vegan salads, sandwiches, tamales, and wraps; vegan pies, cookies, and pastries.

MANNIES
2900 Central Ave. SE
Albuquerque, NM  87106
Phone: (505) 265-1669
www.manniesnobhill.com
Mon-Sat 6a-7:30p, Sun 6a-3p
Veggie grill sandwich and Veggie breakfast burrito can all be made w/o cheese; ask for vegetarian red and green chile (they have both with and without meat).

O'NEILL'S (Nob Hill)
4310 Central Ave. SE
Albuquerque, NM  87108
Phone: (505) 255-6782
http://oniells.com
Mon-Fri 11a-11p, Sat-Sun 10a-11p (bar stays open later)
Has vegan section on menu. Offer Impossible Burger and Tofu Gyro among other vegan and vegetarian options.

O'NEILL'S (NE Heights)
3301 Juan Tabo Blvd. NE
Albuquerque, NM  87111
Phone: (505) 293-1122
http://oniells.com
Mon-Fri 11a-11p, Sat-Sun 10a-11p (bar stays open later)
Has vegan section on menu. Offer Impossible Burger and Tofu Gyro among other vegan and vegetarian options.

RANGE CAFE (Wyoming)
4401 Wyoming Blvd NE
Albuquerque, NM  87109
Phone: (505) 293-2633
https://www.rangecafe.com
Mon-Sun 7a-9p
Offers vegan quinoa salad, Impossible burger (ask for gluten-free bun as other buns contain egg), Sweet potato, asparagus, spinach breakfast hash (w/o egg or hollandaise).

RANGE CAFE (Menaul)
2200 Menaul Blvd NE
Albuquerque, NM  87107
Phone: (505) 888-1660
https://www.rangecafe.com
Mon-Sun 7a-9p
See notes under The Range Wyoming Location

RANGE CAFE (Rio Grande)
1050 Rio Grande Blvd NW
Albuquerque, NM  87104
Phone: (505) 508-2640
https://www.rangecafe.com
Mon-Sun 7a-9p
See notes under The Range Wyoming Location.
RANGE CAFE (Coors)
10019 Coors Blvd NW
Albuquerque, NM 87114
Phone: (505) 835-5495
https://www.rangecafe.com

Mon-Sun 7a-9p
See notes under Range Cafe Wyoming location.

SOUPER SALAD
2225 Wyoming NE
Albuquerque, NM 87112
Phone: (505) 299-6159
www.soupersalad.com

Sun-Thu 11a-8:30p, Fri-Sat 11a-9:00p
Giant salad bar with a few vegan dressings. Also has potato bar and sometimes has vegan soups. Corn bread is vegan.

SWEET TOMATOES (San Mateo)
4901 San Mateo Blvd. NE
Albuquerque, NM 87109
Phone: (505) 888-6131
www.souplantation.com

Sun-Thu 11a-9p, Fri-Sat 11a-10p
Large salad bar, pasta and potato bar, including vegan pasta sauce, at least one vegan soup and some prepared salads; gluten-free options.

SWEET TOMATOES (Coors)
10126 Coors Blvd. NW
Albuquerque, NM 87114
Phone: (505) 898-2171
www.souplantation.com

Sun-Thu 11a-9p, Fri-Sat 11a-10p
See notes under Sweet Tomatoes San Mateo location.

VINAIGRETTE
1828 Central Ave. SW
Albuquerque, NM 87104
Phone: (505) 842-5507
www.vinaigretteonline.com

Mon-Sun 11a-9p
Grilled tofu or roasted veggies can be added to variety of creative salads (specify w/o dairy/egg); Roasted Veggie Sandwich, vegan mushroom stew, vegetable sides.

BIKE IN COFFEE
949 Montoya
Albuquerque, NM
Phone: (505) 410-7776
https://www.facebook.com/BikeInCoffee

Open March-Oct (outdoor seating only)
Half of menu is vegan including baked goods.

LA SALITA
1950 Juan Tabo Blvd NE
Albuquerque, NM 87112
Phone: (505) 299-9968
http://www.lasalita.com

Mon-Thu 11a-8p, Fri-Sat 11a-9p
Separate vegan menu, with vegan cheese and Impossible meat. Red and green chile, salsa, refried and whole beans, rice, potatoes, guacamole, avocado rellenos, tamales, corn tortillas, taco and tostada shells, tortilla chips and sopas are all vegan.

SISTER BAR
407 Central Ave NW
Albuquerque, NM 87102
Phone: (505) 242-4900
http://sisterthebar.com

Mon-Sat 11a-2a, Sun 11a-12a
Lots of vegan options including tacos, burrito, frito pie, green chile stew, tofu scramble, and breakfast burritos. Note: may have cover charge on Fri/Sat nights if band playing.

TIA BETTY BLUE’S
1248 San Mateo SE
Albuquerque, NM
Phone: (505) 268-1955
http://www.tiabettyblues.com

Mon-Fri 7a-2p, Sat-Sun 8a-2p
Vegetarian/vegan options marked on the menu. When ordering be sure to specify vegan. Also has couple sandwiches that can be made vegan.
TIA B’S LA WAFFLERIA
3710 Campus Blvd NE
Albuquerque, NM  87106
Phone: (505) 492-2007
http://www.lawaffleriaabq.com
Mon-Sun 8a-2p
Wide variety of waffles and waffles made to order. Lots of vegan options.

MONROE’S (Osuna)
6051 Osuna Road NE
Albuquerque, NM
Phone: (505) 881-4224
https://monroeschile.com
Mon-Fri 11a-9p, Sat-Sun 9a-9p
Has separate vegetarian menu on the table. Some items can be made vegan by excluding all the dairy. Ensure to specify to cook in olive/canola oil (as grill butter has dairy). Green chile and red enchilada sauce is vegan. Note: Veggie burger is not vegan.

MONROE’S (Lomas)
1520 Lomas Blvd NW
Albuquerque, NM
Phone: (505) 242-1111
https://monroeschile.com
Mon-Fri 11a-9p, Sat-Sun 9a-9p
See notes under Monroe’s Osuna location.

EL COTORRO
111 Carlisle NE
Albuquerque, NM  87106
Phone: (505) 503-6202
http://www.elcotorroabq.com/index.html
Tue-Thu 11a-8p; Fri-Sat 11a-8:30p; Sun 11a-8p
Vegan tacos (guisado, chard & papitas and soyrizo & papitas). Nopales tacos can be made vegan without cheese. Also has Vegan Sunday Sundae (only available on Sunday) $2 taco Tuesday.

EL PINTO
10500 4th St NW
Albuquerque, NM  87114
Phone: (505) 898-1771
https://www.elpinto.com
Mon-Thu 11a-9p; Fri-Sat 11a-10p; Sun 10:30a-9p
Red & green chile, beans, and rice are all vegan. Offer calabacitas burrito and vegetarian burrito (order both without cheese). Also offers vegan brunch on Sundays!

EL PINTO
10500 4th St NW
Albuquerque, NM  87114
Phone: (505) 898-1771
https://www.elpinto.com
Mon-Thu 11a-9p; Fri-Sat 11a-10p; Sun 10:30a-9p
Red & green chile, beans, and rice are all vegan. Offer calabacitas burrito and vegetarian burrito (order both without cheese). Also offers vegan brunch on Sundays!

SADIE’S on Fourth
6230 Fourth St NW
Albuquerque, NM  87107
Phone: (505) 345-5339
http://www.sadiesofnewmexico.com
Mon-Wed 11a-9p; Thu 11a-10p; Fri-Sat 10a-11p; Sun 10a-10p
Beans, papas, calabacitas, salsa, sopapillas are all vegan. Be sure to order the vegetarian red/green chile.

SADIE’S East
15 Hotel Circle NE
Albuquerque, NM  87123
Phone: (505) 296-6940
http://www.sadiesofnewmexico.com
Mon-Thu 10:30a-10p; Fri 10:30a-11p; Sat 10a-11p; Sun 10a-10p
See notes under Sadie’s on Fourth.

SADIE’S on Academy
5400 Academy Road NE
Albuquerque, NM  87109
Phone: (505) 821-3388
http://www.sadiesofnewmexico.com
Mon-Thu 10:30a-10p; Fri 10:30a-11p; Sat 10a-11p; Sun 10a-10p
See notes under Sadie’s on Fourth.

QUESADILLA GRILLE
328 San Felipe St. NW
Albuquerque, NM  87104
Phone: (505) 242-2921
https://www.facebook.com/Quesadilla-Grille-130457217027206/
Sun, Mon, Wed, Thu 11a-6p; Fri-Sat 11a-9p
Veggie Tacos that can be made vegan; delicious French fries.
CONCHITAS CAFE
400 Gold Ave Suite 119
Albuquerque, NM  87102
Phone: (505) 339-6774
www.conchitascafe.com
Mon-Fri 8a-2p; Sat-Sun private events only
Beans and chile are vegan. Veggie Sandwich, Power-Up Bowl (remove egg whites and bacon), Veggie Burrito and Frito Pie. Boxed lunches, custom catering and food truck services also available.

BURRITOS ALINSTANTE on Broadway
2101 Broadway Blvd SE
Albuquerque, NM  87102
Phone: (505) 242-0966
https://burritosalinstante.com
Mon-Sat 6a-7p; Sun 7a-2p
Beans, rice, potatoes and green chile are all vegan. Can make a vegan burritos or tacos.

BURRITOS ALINSTANTE on Isleta
3250 Isleta Blvd SW
Albuquerque, NM  87105
Phone: (505) 242-0966
https://burritosalinstante.com
Mon-Sat 6a-7p; Sun 7a-7p
See notes under Burrito's Alinstante on Broadway.

MONICA’S EL PORTAL
321 Rio Grande Blvd NW
Albuquerque, NM
Phone: (505) 247-9625
https://www.facebook.com/MonicasElPortalRestaurant
Tue-Fri 7a-8p; Sat-Sun 7a-3p
Veggie Burrito; whole beans and chiles are vegan.

MARY & TITO’S
2711 4th St NW
Albuquerque, NM  87107
Phone: (505) 344-6266
https://www.facebook.com/pages/Marys-Titos-Cafe/111529815550093
Mon-Thu 9a-6p; Fri-Sat 9a-8p
Vegan chile upon request. Beans, rice, and guacamole are vegan. Guacamole burrito is vegan when ordered without cheese.

MOGU
4001 Masthead St NE
Albuquerque, NM  87109
Phone: (505) 200-9141
http://eat-mogumogu.com
Mon-Fri 11a-2:30p
Japanese Cuisine on the go. Healthy, fresh and fast lunch options. Have Zucchini noodles, cauliflower rice, spicy eggplant, really great kimchi. They also have a vegan patty.

GENGHIS GRILL Alb Location
4410 The 25 Way
Albuquerque, NM  87109
Phone: (505) 344-9335
https://www.genghisgrill.com
Wed-Thu 11a-9p; Fri 11a-10p
Select what proteins (includes tofu and various beans) and veggies you want from buffet. They then cook on a large open flat grill. Ask for veggie card that you give to cook at the grill. They basically wipe off the grill for you and put 2 sticks to separate your food from the non-veggie food.

GENGHIS GRILL Winrock Town Center Location
2100 Louisiana Blvd NE #203
Albuquerque, NM  87110
Phone: (505) 312-8333
https://www.genghisgrill.com
Wed 11a-9p; Thu-Fri 11a-10p
See notes under Genghis Grill Alb location.

CHOPSTIX
6001 Lomas Blvd NE
Albuquerque, NM  87110
Phone: (505) 268-8777
http://www.chopstixabq.com
Tue-Thu 11a-8p; Fri-Sat 11a-9p; Sun 11a-8p
Vegetarian menu. Can veganize most items on menu with tofu.
LE BISTRO VIETNAMESE
RESTAURANT
1313 San Pedro NE
Albuquerque, NM  87110
Phone: (505) 266-6118
http://www.lebistrovietnameserestaurant.com

Mon-Sat 8:30a-9p; Sun 9a-9p
Separate Veg menu. Bahn Mi sandwich with tofu or mock ham
with no mayo or butter.

PEI WEI Uptown Location
2201 Louisiana Blvd NE G
Albuquerque, NM  87110
Phone: (505) 883-1570
https://www.peiwei.com

Mon-Sun 10:45a-9p
Various dishes that can be made
vegan; serve tofu.
Sauces that are vegan: Thai
Dynamite, Sweet & Sour & Honey
Seared (not real honey)

PEI WEI Cottonwood Location
10420 Coors Bypass NW #1B
Albuquerque, NM  87114
Phone: (505) 897-4811
https://www.peiwei.com

Mon-Sun 10:45a-9p
See notes under Pei Wei Uptown location.

ASIAN GRILL
5303 Gibson Blvd. SE
Albuquerque, NM  87108
Phone: (505) 265-4702
http://asiangrillabq.com/vegetarian-dishes

Mon-Fri 10:30a-7:30p
Separate vegetarian menu. Can make some item vegan. Be sure to mention no fish sauce; ask for no egg in fried rice; as them to only use vegetable oil.

FAN TANG
3523 Central Ave NE
Albuquerque, NM  87106
Phone: (505) 266-3566
http://www.fan-tang.com

Mon-Thu 11a-9p; Fri-Sat 11a-9:30p; Sun 12p-9p
Asian kitchen with vegan options including Orange Peel with tofu, lettuce warps substitute with tofu, Pho, Vietnamese rolls (ensure to ask for the vegan sauce as the peanut sauce isn’t vegan).

GEN KAI JAPANESE
RESTAURANT
110 B Louisiana Boulevard SE
Albuquerque, NM  87108
Phone: (505) 255-0112
http://www.genkaijapanese.com

Tue-Sat 11a-7p; Sun 12p-6:30p
Has separate vegan menu with ramen, sushi, tofu, soups, etc.

BEST LEE’S
7900 Carmel Ave
Albuquerque, NM  87122
Phone: (505) 798-0888
http://www.bestleesrestaurant.com

Tue-Thur 10:30a-9p; Fri-Sat 10:30a-9:30p; Sun 11:30a-9p
Asian gourmet, vegetable and tofu options.

POKI POKI CEVICHERIA
3517 Wyoming Blvd NE
Albuquerque, NM  87111
Phone: (505) 503-6806
https://www.pokipokinm.com

Mon-Thur 11a-9p; Fri-Sat 11a-10p; Sun 11a-8:30p
Made to order bowls; choose tofu or pineapple as “protein” option. Will make vegan mushroom tacos upon request. Specials can include vegan jackfruit tacos.

HELLO POKE
6300 San Mateo Blvd NE Ste D4
Albuquerque, NM
Phone: (505) 508-5653
https://www.facebook.com/Hello-Poke-1408720202493007/

Mon-Fri 11a-8p; Sat 12p-8p; Sun 12p-6p
Made to order bowls; choose tofu as “protein” option.
KAI’S CHINESE RESTAURANT
138 Harvard Dr SE
Albuquerque, NM  87106
Phone: (505) 266-8388
http://kaischineserestaurant.com/MAIN/Kais.html
Mon-Fri 11a-3p and 4p-9p; Sat 12p-3p and 4p-9p
Lots of veggie and tofu options.

ASIAN NOODLE BAR
318 Central Ave SW
Albuquerque, NM
Phone: (505) 224-9119
https://www.asiannoodlebar.com
Mon-Thu 11a-9:30p; Fri 11a-11p; Sat 12p-11p
Has vegan Pho and other options that can be made vegan

SIDE EFFEX
420 Central Ave SW
Albuquerque, NM  87102
Phone: (505) 243-0028
https://www.facebook.com/Side-Effex-151490468363328/?rf=944268735641239
Tue-Thu 4p-12a, Fri-Sat 4p-2a
Pub and restaurant with vegan menu including wings, mac-n-cheese, beyond burger, nachos, etc.

BRIXENS
400 Central Ave SW
Albuquerque, NM  87102
Phone: (505) 242-2400
http://www.brixens.com
Tue-Wed 11a-11p; Thu 11a-12a; Fri-Sat 11a-1a; Sun 11a-11p
Many vegan items on menu (clearly labeled) including desserts. Most of menu can be veganized.

STEEL BENDER BREWYARD
8305 2nd St. NW
Albuquerque, NM  87114
Phone: (505) 433-3537
https://steelbenderbrewyard.com
Sun-Thur 11a-10p; Fri-Sat 11a-11p
Seitan wings, fried green chile strips, seitan sandwiches (order without coleslaw). House bbq sauce is vegan as well as Frank’s Red Hot and the truffle ketchup.

BURGER 21
2100 Louisiana Blvd. NE
Albuquerque, NM  87110
Phone: (505) 208-0759
https://www.burger21.com
Sun-Thu 11a-8p; Fri-Sat 11a-9p
Offers Impossible Burger (bun is also vegan as well as sauce that comes with Impossible Burger).

GRASSBURGER
11225 Montgomery Blvd NE, Ste C
Albuquerque, NM
Phone: (505) 200-0571
https://www.eatgrassburger.com
Open Daily 11am-9pm
Has vegan black bean burger, vegan shakes (rice milk), root beer floats, and fries (reg and sweet potato). Snickerdoodle and choc chip cookies are vegan. Earth balance also used to toast the bun.

TOLTEC BREWING CO
10250 Cottonwood Park NW
Albuquerque, NM  87114
Phone: (505) 890-1455
https://www.toltecbrewing.com
Mon-Thu 11a-11p; Fri-Sat 11a-12a; Sun 11a-10p
Lots of vegetarian options that can be made vegan. Offer Beyond Burger.

LA LUNA BAKERY
319 5th Street SW
Albuquerque, NM
Phone: (505) 886-1119
https://www.facebook.com/pages/category/Coffee-Shop/La-Luna-Bakery-Cafe-328709257560264/
Mon-Fri 8a-4p
Vegan options include tofu scramble, vegetable tacos, stuffed poblano pepper with vegan chorizo, and baked goods. They usually have vegan cheese on hand. Adding more vegan options and menu changes monthly
FARM AND TABLE
8917 4th Street NW
Albuquerque, NM  87114
Phone: (505) 503-7124
https://farmandtablenm.com
Tues-Sat 5p-9p; Sat-Sun 9a-2p
Vegan options include: Tofu scramble, Atole (ask for almond milk), seasonal veggie dish, grilled artichokes, quinoa salad, sorbet and chocolate bar. Order items with no cheese.

ASIAN PEAR
8101 San Pedro Dr NE STE D
Albuquerque, NM  87113
Phone: (505) 766-9405
https://www.facebook.com/AsianPearAbq
Mon-Sat: 11am-8pm
Vegan options include: Jeon (vegetable pancake), avocado udon noodle salad, korean veg curry rice bowl w/o chicken, mixed veg rice bowl w/o meat. Periodic special: Korean Spicy Tofu Bowl.

SAIGON FAR EAST
901 San Pedro SE Suite D & E
Albuquerque, NM  87108
Phone: (505) 255-7408
http://www.saigonabq.com
Mon-Sat 11am-8:30pm, Sun 11am -8pm
Vegan options with tofu and veggies. Be sure to ask for no fish sauce.
PACIFIC PARADISE
3000 San Pedro Dr NE
Albuquerque, NM 87110
Phone: (505) 881-0999
http://www.pacific-paradise-restaurant-abq.com

Mon-Fri 10:30am-3pm, 4pm-9pm, Sat 11:30am-3pm, 4pm-9pm, Sun 4pm-9pm

Tofu and veggie dishes. Very accommodating and have asparagus sushi, veggie sushi and avocado sushi.

PHO LINH
9100 Central Ave
Albuquerque, NM 87123
Phone: (505) 266-3368
http://www.pholinhabq.com

Open Daily 10am-8:45pm

Separate vegan section on menu.

FAREAST FUZION
5901 Central Ave NE
Albuquerque, NM
Phone: (505) 255-2910
http://www.fareastfuzionnm.com

Mon-Thu 11a-9p, Fri 11a-10p, Sat 12p-10p, Sun 12p-8p

Veggie tempura roll (just ask for no sauce on the top). Veggie rolls, avocado rolls, cucumber rolls.

SUSHI KING Downtown
18 Central Ave. SW
Albuquerque, NM
Phone: (505) 877-1692
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING Westside
951 Coors Blvd
Albuquerque, NM
Phone: (505) 862-9635
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING Eastside
809 Wyoming Blvd. NE
Albuquerque, NM
Phone: (505) 816-1254
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.

SUSHI KING I-25
5846 Pan American West Fwy Ste C
Albuquerque, NM
Phone: (505) 398-5472
http://www.sushikingnm.com

Mon-Thu 11a-9:30p, Fri 11a-11p, Sat 12p-11p, Sun 12p-9:30p

Vegan options include tempura and various sushi rolls.
IBIZA (Hotel Andaluz)
125 Second St NW
Albuquerque, NM 87102
Phone: (505) 923-9080
https://hotelandaluz.com/ibiza
Mon-Thu 4p-11p, Fri-Sat 4p-1a, Sun 4p-11p
Vegan options include vegan wings and Impossible burger.

TUKAMI
2100 Louisiana suite 800
Albuquerque, NM
Phone: (505) 508-3091
https://www.takumibbq.com
Sun-Thu 11a-9p, Fri-Sat 11a-10p
Vegan options include tofu/veggie dishes, Veggie sushi, veggie rolls, veggie burrito and miso soup.

RED ROBIN Winrock Town Center
2100 Louisiana Blvd NE Bldg 217
Albuquerque, NM 87110
Phone: (505) 225-8597
https://www.redrobin.com
Sun-Thur 11a-10p, Fri-Sat 11a-11p
Vegan veggie burger (note no longer the boca patty). Ask for bun not to be buttered. Ask for fries without the seasoning.

RED ROBIN I-25 & Jefferson
5531 Office Blvd NE
Albuquerque, NM 87109
Phone: (505) 345-9115
https://www.redrobin.com
Sun-Thu 11a-10p, Fri-Sat 11a-11p
Vegan veggie burger (note no longer the boca patty). Ask for bun not to be buttered. Ask for fries without the seasoning.

RED ROBIN Cottonwood Mall
10009 Coors Blvd NW
Albuquerque, NM 87114
Phone: (505) 899-0196
https://www.redrobin.com
Sun-Thu 11a-10p, Fri-Sat 11a-11p
Vegan veggie burger (note no longer the boca patty). Ask for bun not to be buttered. Ask for fries without the seasoning.

JOHNNY ROCKETS Coronado Mall
6600 Menaul Blvd NE Suite I-009
Albuquerque, NM 87110
Phone: (505) 884-4667
https://www.johnnyrockets.com
Mon-Thu 11a-9p, Fri-Sat 11a-10p, Sun 11a-7p
Vegan Gardein black bean burger

JOHNNY ROCKETS Cottonwood Mall
10000 Coors Bypass NW C1
Albuquerque, NM 87114
Phone: (505) 792-9800
https://www.johnnyrockets.com
Mon-Thu 11a-9p, Fri-Sat 11a-10p, Sun 11a-7p
Vegan Gardein black bean burger

JOHNNY ROCKETS Cottonwood Mall
10000 Coors Bypass NW C1
Albuquerque, NM 87114
Phone: (505) 792-9800
https://www.johnnyrockets.com
Mon-Thu 11a-9p, Fri-Sat 11a-10p, Sun 11a-7p
Vegan Gardein black bean burger

MAS – TAPAS Y VINO (Hotel Andaluz)
125 Second St NW
Albuquerque, NM 87102
Phone: (505) 388-0088
https://hotelandaluz.com/mas-tapas-y-vino/
Open Daily 6a-11a, 11:30a-3p; Sun-Thur 5p-9p, Fri-Sat 5p-10p
Vegan options include vegan wings, vegetable paella, grilled tofu skewer, beyond burger, among others.

CANVAS ARTISTRY
3120 Central Ave. SE
Albuquerque, NM 87106
Phone: (505) 639-5214
https://canvas-artistry.com
Tue-Sat 4p-2a, Sun 2p-12a
Vegan options labeled on menu, include: elote, burgers, and taco.
WISEPIES
4545 Alameda Blvd NE
Albuquerque, NM 87113
Phone: (505) 821-5260
http://wisepiespizza.com/locations/new-mexico/

Wed-Thu 11a-8p, Fri-Sat 11a-9p
Has vegan Violife cheese. All crust except GF is vegan. Marinara sauce is vegan. Can load tons of veggies on it for one price. Can get the cheese sticks with the vegan cheese.

BLAZE PIZZA (Coronado Center)
6600 Menaul NE Albuquerque, NM 87110
Phone: (505) 369-7271
https://www.blazepizza.com

Sun-Thu 11a-9p, Fri-Sat 11a-10p
Has vegan Daiya cheese. All crusts are vegan. Can load tons of veggies on it for one price.

FARINA ALTO
10721 Montgomery Blvd NE
Albuquerque, NM 87111
Phone: (505) 298-0035
http://www.farinaalto.com

Mon-Thu 11a-9p, Fri 11a-10p, Sat 11:30a-10p, Sun 11:30a-9p
Vegan pizzas and calzones (with Daiya cheese). Some pasta dishes can also be veganized.

PIZZA 9
6136 4th Street NW
Albuquerque, NM
Phone: (505) 345-6463
https://pizzanine.com

Sun-Thu 11a-10p, Fri-Sat 11a-11p
Carries vegan cheese; only gluten-free crust is vegan – all other crusts are not vegan.

CALIFORNIA PIZZA KITCHEN
2241 Q St. NE, Ste. 7G
Albuquerque, NM 87110
Phone: (505) 883-3005
https://www.cpk.com

Mon-Thu 11a-10p, Fri-Sat 11a-11p, Sun 11a-9p
A couple of the pastas and soups are vegan. Can also order vegan pizza if ordered without cheese.

CHELLO GRILL
5010 Cutler Avenue, Suite A
Albuquerque, NM 87110
Phone: (505) 881-2299
https://chellogrill.com

Sun-Thu 11a-9p, Fri-Sat 11a-10p
Lots of vegan options including: veggie kabob with rice, naan bread and choice of sides, Eggplant stew, Lentil Stew, Bean stew, Eggplant dip, and Hummus.

CURRY LEAF
6910-C Montgomery Boulevard NE
Albuquerque, NM 87109
Phone: (505) 881-3663
http://www.curryleafrestaurant.us

Open Daily 11:30a-2:30p, 5p-10p
Several vegan options on menu and buffet. Can veganize most of menu items upon request. Staff is very knowledgeable and helpful.

NAMASTE
110 Yale Blvd SE
Albuquerque, NM 87106
Phone: (505) 266-6900
http://namastenm.net

Open Daily: 11:30a-2:30p, 5p-9:30p
Several menu items marked with a (V) meaning they are vegan or can be prepared vegan.

WHICH WICH
2300 Central Ave., Ste. D
Albuquerque, NM
Phone: (505) 254-4749
https://www.whichwich.com

Open Daily 10a-9p
Vegan options include Black Bean Patty Sandwich, Avocado Sandwich, and Superfood Wich. See website for vegan menu.
GOBBLE THIS OLD TOWN
308 San Felipe St NW
Albuquerque, NM  87104
Phone: (505) 975-3969
https://www.facebook.com/gobblethiscafe/

Wed-Thu 11a-7p, Fri 11a-9p, Sat 11a-7p, Sun 11a-5p
Vegan options include pupusas, tacos, tostones, and fried yuca.

iKRAVE
1331 Juan Tabo Blvd NE Ste. P
Albuquerque, NM
Phone: (505) 275-6626
https://www.facebook.com/iKraveCafe/

Tue-Sat 10a-6p, Sun 10a-2p
Vegan options include black pepper steak and vegan shrimp.

BUEN PROVECHO
2500 Central Ave SW #3
Albuquerque, NM  87104
Phone: (505) 550-9668
https://www.buenprovechoabq.com

Tue-Thu 11:30a-6:30p, Fri 11:30a-7p, Sat 11a-7p, Sun 11a-5p
Costa Rican fare, offering two vegan tamales and a few vegetarian meals that can be made vegan by removing the cheese.

SLICE AND DICE PIZZERIA
5720 McMahon Blvd NW Suite B
Albuquerque, NM  87114
Phone: (505) 361-2058
https://sliceanddicepizzeria.com

Sun-Thu 11a-10p, Fri-Sat 11a-11p
Pizza and Board Games. Carries vegan cheese (doesn't appear on the menu, just ask for it).

CANTINA NUEVA
5935 Wyoming Blvd NE
Albuquerque, NM  87109
Phone: (505) 508-4671
http://cantinanueva.com/menu/

Mon-Thu 11a-9p, Fri-Sat 11a-10p, Sun 10a-9p
Vegan options include veggie burger and veggie medley plate. Also has tableside guacamole appetizer that is vegan and several additional vegetarian options.

ROSEMARY
4565 San Mateo Blvd NE Suite A
Albuquerque, NM  87109
Phone: (505) 361-1842
https://www.rosemaryabq.com

Tue-Sat 11a-10p, Sun 11a-9p
Vegan options include cauliflower sandwich, cauliflower steak, fettuccini alfredo primavera and mashed potatoes. Vegan options not labeled on menu, check with server on what menu items are vegan or can be made vegan.

HOLLOW SPIRITS DISTILLERY
1324 1st ST NW
Albuquerque, NM  87102
Phone: (505) 433-2766
http://hollowspirits.com

Tue-Wed 3p-10p, Thu 3p-11p, Fri-Sat 11a-12a, Sun 12p-9p
Several options on menu marked with (V) can be made vegan. Also carries Beyond Burger.

SEASONS 52
6600 Menaul Blvd
Albuquerque, NM  87110
Phone: (505) 348-5852
https://www.seasons52.com

Mon-Thu 11a-10p, Fri-Sat 11a-11p, Sun 10a-9p
Has separate vegan menu; some items need to be requested without cheese and/or dressings. Vegan entrée options are Gnocchi with Winter Vegetables, and Vegetables & Pasta.

THAI BORAN
3236 La Orilla Rd NW Ste A
Albuquerque, NM  87120
Phone: (505) 492-2244
https://www.thaiborannm.com

Mon-Thu 11a-9:30p, Fri 11a-10:30p, Sat 12p-10:30p, Sun 12p-9:30p
Offers various curries, soups, and noodle dishes that are vegan or can be made vegan, just check with server and make sure dish is not made with fish sauce.
CHOPSTIX
6001 Lomas Blvd NE
Albuquerque, NM 87110
Phone: (505) 268-8777
http://www.chopstixabq.com

Tue-Thu 11a-8p; Fri-Sat 11a-9p;
Sun 11a-8p

Vegetarian menu. Can veganize
most items on menu with tofu.

GRASSBURGER
5600 Coors Blvd NW
Albuquerque, NM 87120
Phone: (505) 361-2368
https://www.eatgrassburger.com

Open Daily 11a-9p

See notes under Montgomery location.

DURAN’S CENTRAL PHARMACY
1815 Central Ave NW
Albuquerque, NM 87104
Phone: (505) 247-4141
http://duransrx.com/restaurant/

Mon & Tue 9a-6:30p; Wed-Sun 9a-8p

Red and green chile, sopaiillas,
whole beans, and tortillas are all
vegan. Can get stuffed sopaiillas,
burritos, etc. Also serve the
Impossible Burger open faced with
tortilla on the side.

PERICO’S RESTAURANT (Yale)
109 Yale Blvd. SE
Albuquerque, NM 87106
Phone: (505) 247-2503
https://www.pericosmexicanrestaurant.com

Mon-Sat 10a-10p, Sun 10a-11p

Tortillas (flour and corn), beans,
rice, chile, and sopaiillas are all
vegan. Will substitute beans in
place of meat in any dish.
Guacamole not vegan, but will
substitute fresh avocado upon
request.

PERICO’S RESTAURANT (Coors)
2810 Coors Blvd. NW
Albuquerque, NM 87120
Phone: (505) 839-4762
https://www.pericosmexicanrestaurant.com

Mon-Sat 10a-10p, Sun 10a-11p

Tortillas (flour and corn), beans,
rice, chile, and sopaiillas are all
vegan. Will substitute beans in
place of meat in any dish.
Guacamole not vegan, but will
substitute fresh avocado upon
request.

PERICO’S RESTAURANT (Golf Course)
10401 Golf Course NW
Albuquerque, NM 87121
Phone: (505) 792-5255
https://www.pericosmexicanrestaurant.com

Mon-Sat 10a-10p, Sun 10a-11p

See description under Yale location.

URBAN TAQUERIA
1 central Ave #B, NW
Albuquerque, NM 87102
Phone: (505) 508-0348
https://www.urban-taqueria.com

Mon-Fri 10a-9p, Sat-Sun 11a-9p

Offer two vegan tacos.

LEONA BANH MI
3250 Coors Blvd NW Suite H
Albuquerque, NM 87120
Phone: (505) 347-1913
https://leonabanhmi.com

Mon-Fri 11a-8p, Sat 11a-6p

Vegan options include smoothies,
vegan ham, tofu pho, tofu lettuce
wraps.
**SOO BAK SEOUL BOWL**  
111 Hermosa Dr SE  
Albuquerque, NM  87108  
Phone: (505) 268-0017  
[https://soobakfoods.com](https://soobakfoods.com)  
Wed-Sun 11a-9p  
Several vegan options labeled on menu including avocado tempura, cucumber kimchee, veggie fritters, and paletas.

**AMORE NEAPOLITAN PIZZERIA (Green Jeans)**  
3600 Cutler Ave NE, Suite 3  
Albuquerque, NM  87110  
Phone: (505) 554-1967  
[https://www.amoreabq.com](https://www.amoreabq.com)  
Mon-Thu 11a-9p; Fri 11a-10p; Sat 12p-10p; Sun 12p-9p  
Carries vegan cheese, several options for vegan pizzas.

**AMORE NEAPOLITAN PIZZERIA (West Downtown)**  
1700 Central Ave SW, Suite A  
Albuquerque, NM  87104  
Phone: (505) 312-8784  
[https://www.amoreabq.com](https://www.amoreabq.com)  
Mon-Thu 11a-2:30, 5p-9p; Fri 11a-10p; Sat-Sun 12p-9p  
Carries vegan cheese, several options for vegan pizzas.

**ZINC WINE BAR & BISTRO - CELLAR BAR**  
3009 Central Ave. NE  
Albuquerque, NM  87106  
Phone: (505) 254-9462  
Tue-Sat 4:30p-12a, Mon 4:30p-10p  
Vegan BBQ sandwich and vegan pisco sour. Also does meatless Mondays.

**SLICE PARLOR (Nob Hill)**  
3410 Central Ave SE  
Albuquerque, NM  87106  
Phone: (505) 232-2808  
[https://www.sliceparlor.com](https://www.sliceparlor.com)  
Mon-Sat 11a-11p; Sun 11a-10p  
Offers vegan cheese and soy chicken for pizza.

**SLICE PARLOR (NE Heights)**  
9904 Montgomery NE  
Albuquerque, NM  87111  
Phone: (505) 232-2808  
[https://www.sliceparlor.com](https://www.sliceparlor.com)  
Mon-Sat 11a-11p; Sun 11a-10p  
Offers vegan cheese and soy chicken for pizza.

**TWO CRANES BISTRO**  
901 Rio Grande Blvd Suite A 192  
Albuquerque, NM  
Phone: (505) 295-3970  
[http://twocranesnm.com](http://twocranesnm.com)  
Mon-Thu 11a-9p; Fri-Sat 9a-10p; Sun 9a-9p  
Offers Beyond Burger with vegan cheese.

**DIA DE LOS TAKOS**  
Food Truck (See locations below)  
Albuquerque, NM  
Phone: (505) 550-8540  
[http://www.diadelostakos.com](http://www.diadelostakos.com)  
Tue 4p-9p (Marble Eastside); Thu 12p-8p (Marble Downtown); Sun 4p-9p (Marble Westside)  
Several vegan taco and sandwich options including avocado tempura.

**EL PATRON NEW MEXICAN RESTAURANT**  
10551 Montgomery Blvd NE  
Albuquerque, NM  87111  
Phone: (505) 275-0223  
[https://elpatronabq.com](https://elpatronabq.com)  
Mon-Thur 11a-9p; Fri-Sat 11a-10p; Sun 10a-9p  
Vegan tamales, vegan chile available upon request, veggie burritos, veggie fajitas.
EL PATRON NEW MEXICAN RESTAURANT (North)
8100 Wyoming Blvd NE
Albuquerque, NM  87113
Phone: (505) 797-3311

Sun-Thu 7a-9p; Fri-Sat 7a-10p
See description under main location.

REBEL DONUT
2435 Wyoming Blvd
Albuquerque, NM  87112
Phone: (505) 293-0553
https://www.rebeldonut.com

Mon-Fri 6:30a-6p; Sat-Sun 7a-4p
Offers variety of vegan donuts daily including some vegan specialties. To ensure availability call in order ahead of time.

THREE SISTERS KITCHEN
109 Gold Ave SW
Albuquerque, NM
Phone: (505) 832-7236
https://threesisterskitchen.org/eat/

Tue-Fri 8a-3p, Sat 9a-3p
Café focuses on local ingredients. Offer a vegan burrito, vegan seasonal soups, and additional menu items can be made vegan. Also carry oat milk and coconut milk for coffee, tea, and lattes.
Vegetarian Options

FREIGHT HOUSE
200 S. Camino Del Pueblo
Bernalillo, NM 87004
Phone: (505) 588-2143
https://www.fr8house.com

Open Daily 11a-9p

Vegan options include smoked tofu, Impossible Burger, Cauliflower tacos without cheese, Portobello burger w/o cheese, BBQ Tofu plate, fries, sweet potato fries, baked potato and calabacitas.
**Vegetarian Options**

**TRAIL RIDER PIZZA**  
12165 NM-14 Suite B2  
Cedar Crest, NM 87008  
Phone: (505) 281-6068  
[https://trailriderpizza.com](https://trailriderpizza.com)  
Open Daily 11a-8:30p  
Many vegan options including pizzas, calzones, subs and sandwiches, cheese bread, and pecan rolls. Serve vegan cheeses and vegan meats.

**GREENSIDE CAFÉ**  
12165 State Highway 14 N  
Cedar Crest, NM 87008  
Phone: (505) 286-2684  
[www.greensidecafe.net](http://www.greensidecafe.net)  
Tue-Sat 11a-8p, Sun 10a-8p  
A couple options marked vegetarian can be made vegan.
Vegetarian Options

OASIS MEDITERRANEAN
1301 W HWY 66
Gallup, NM 87301
Phone: (505) 863-8899

Mon-Sat 11a-8p

Vegan options include falafel, hummus, salads, pita, etc. Menu has vegetarian plate that is vegan.
ITALITY PLANT-BASED
WELLNESS
Jemez Pueblo, NM
https://www.italynam.com

No store front, sells at pop-ups, select stores, and offers catering. All vegan food, locally sourced from Native farmers. Contact through website.
<table>
<thead>
<tr>
<th>Restaurant Name</th>
<th>Address</th>
<th>Phone Number</th>
<th>Website</th>
<th>Hours</th>
<th>Specials</th>
</tr>
</thead>
<tbody>
<tr>
<td>HABANERO’S FRESH MEX</td>
<td>600 E Amador Ave, Las Cruces, NM 88001</td>
<td>(575) 524-1829</td>
<td><a href="https://www.habanerosfreshmexlcnm.com">https://www.habanerosfreshmexlcnm.com</a></td>
<td>Mon-Thu 11a-8p, Fri 11a-9p, Sun 8a-9p</td>
<td>Separate vegan section on menu including burrito plates, taco plates, fajitas, etc.</td>
</tr>
<tr>
<td>PHO A DONG</td>
<td>504 E Amador Ave, Las Cruces, NM 88001</td>
<td>(575) 527-9248</td>
<td><a href="http://phoadong.com">http://phoadong.com</a></td>
<td>Mon-Sat 10a-9p, Sun 11a-9p</td>
<td>Vietnamese cuisine; variety of vegetarian/vegan options including curry, spring rolls, tofu and veggie dishes.</td>
</tr>
<tr>
<td>PHO SAIGON</td>
<td>1160 El Paseo Rd Ste 12, Las Cruces, NM 88001</td>
<td>(575) 652-4326</td>
<td><a href="https://pho-saigonllc-restaurant.business.site">https://pho-saigonllc-restaurant.business.site</a></td>
<td>Mon-Fri 11a-2:30, 5p-9p; Sun 12p-6p</td>
<td>Vietnamese cuisine with a variety of tofu and veggie options.</td>
</tr>
<tr>
<td>MOUNTAIN VIEW MARKET KITCHEN</td>
<td>1300 El Paseo Rd Ste M, Las Cruces, NM 88001</td>
<td>(575) 523-0436</td>
<td><a href="http://www.mountainviewmarket.coop">http://www.mountainviewmarket.coop</a></td>
<td>Mon-Sat 8a-8p, Sun 9a-6p</td>
<td>Café and salad/hot bar inside co-op. Rotating menu with vegan options as well as juices and smoothies.</td>
</tr>
<tr>
<td>PHO SAIGON</td>
<td>1160 El Paseo Rd Ste 12, Las Cruces, NM 88001</td>
<td>(575) 652-4326</td>
<td><a href="https://pho-saigonllc-restaurant.business.site">https://pho-saigonllc-restaurant.business.site</a></td>
<td>Mon-Fri 11a-2:30, 5p-9p; Sun 12p-6p</td>
<td>Vietnamese cuisine with a variety of tofu and veggie options.</td>
</tr>
<tr>
<td>SANTORINI</td>
<td>1001 E University Ave Ste D2, Las Cruces, NM 88001</td>
<td>(575) 521-9270</td>
<td><a href="https://www.santorinitherestaurant.com">https://www.santorinitherestaurant.com</a></td>
<td>Mon-Sat 11a-10p</td>
<td>Mediterranean cuisine; lots of vegetarian sandwiches that are vegan or can be made vegan, as well as traditional dishes and sides such as hummus and baba ghanoush.</td>
</tr>
</tbody>
</table>
CAFÉ DE MESILLA
2190 Avenida de Mesilla
Las Cruces, NM  88005
Phone: (575) 524-0000
http://www.cafedemesilla.com

Mon-Sun 8a-4p

Vegan options include Vegan Burrito and Veggie Wrap (ask for no cheese).

PICACHO PEAK BREWING COMPANY
3900 West Picacho Avenue
Las Cruces, NM  88007
Phone: (575) 680-6394
https://www.picachopeakbrewery.com

Tue-Thu 11a-10p, Fri-Sat 11a-11p

Vegan options clearly labeled on menu including hummus & pita, veggie burger, and vegan wrap.
SUGAR NYMPHS BISTRO
15046 State Rd 75
Peñasco, NM  87553
Phone: (575) 587-0311
https://www.sugarnymphs.com

Open 7 days a week. Call for current hours.

Veg options include black bean burger, veggie tacos, and vegetarian specials that change weekly.
<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone Number</th>
<th>Website</th>
<th>Hours</th>
<th>Vegetarian Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>NAMASTE</td>
<td>1508 Deborah Road SE</td>
<td>(505) 896-3126</td>
<td><a href="http://namastenm.net">http://namastenm.net</a></td>
<td>Open Daily: 11:30a-2:30p, 5p-9:30p</td>
<td>Several menu items marked with a (V) meaning they are vegan or can be prepared vegan.</td>
</tr>
<tr>
<td></td>
<td>Rio Rancho, NM 87124</td>
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<tr>
<td></td>
<td>Phone: (505) 896-3126</td>
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<td><a href="http://namastenm.net">http://namastenm.net</a></td>
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<tr>
<td>HEAVEN DRAGON</td>
<td>4300 Ridgecrest Dr SE</td>
<td>(505) 891-0888</td>
<td><a href="https://heavendragonrr.com">https://heavendragonrr.com</a></td>
<td>Mon-Sat 11a-10p, Sun 12p-9:30p</td>
<td>Various vegetable and tofu dishes, vegetable spring rolls. Can make all rice vegan. Ask for no fish or oyster sauce.</td>
</tr>
<tr>
<td></td>
<td>Rio Rancho, NM 87124</td>
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<tr>
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<td>Phone: (505) 891-0888</td>
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<td><a href="https://heavendragonrr.com">https://heavendragonrr.com</a></td>
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</tbody>
</table>
# Vegetarian Options

<table>
<thead>
<tr>
<th>CHEF TODDZILLA</th>
<th>COSMIC SALAD</th>
</tr>
</thead>
<tbody>
<tr>
<td>107 Twin Diamond Rd</td>
<td>209 North Main Street</td>
</tr>
<tr>
<td>Roswell, NM</td>
<td>Roswell, NM 88201</td>
</tr>
<tr>
<td>Phone: (575) 755-3663</td>
<td>Phone: (575) 627-2270</td>
</tr>
<tr>
<td><a href="http://www.cheftoddzilla.com">http://www.cheftoddzilla.com</a></td>
<td><a href="https://cosmic-salad.business.site">https://cosmic-salad.business.site</a></td>
</tr>
</tbody>
</table>

**CHEF TODDZILLA**

- 107 Twin Diamond Rd, Roswell, NM
- Phone: (575) 755-3663
- [http://www.cheftoddzilla.com](http://www.cheftoddzilla.com)
- Wed-Sat 11a-8p, Sun 11a-2p

**COSMIC SALAD**

- 209 North Main Street, Roswell, NM 88201
- Phone: (575) 627-2270
- [https://cosmic-salad.business.site](https://cosmic-salad.business.site)
- Mon-Sat 8a-3p

**Offer Impossible Burger as a burger as well as a “Burger Bowl”**

**Salad bar with vegan options including salads, soups, baked potatoes, sandwiches, etc.**
## Vegan

<table>
<thead>
<tr>
<th>Name</th>
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<th>Website</th>
<th>Hours</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BODY OF SANTA FE</strong></td>
<td>333 West Cordova Road</td>
<td>(505) 986-0362</td>
<td><a href="https://bodyofsantafe.com">https://bodyofsantafe.com</a></td>
<td>Open Daily 8:30a-7p</td>
<td>Vegan deli with variety of options including spring rolls, pad thai, wraps, smoothies, juices, etc.</td>
</tr>
<tr>
<td><strong>DANIELLE’S DONUTS &amp; VEGAN SWEETS</strong></td>
<td>No store front; special orders only</td>
<td></td>
<td><a href="https://www.daniellesdonuts.com">https://www.daniellesdonuts.com</a></td>
<td></td>
<td>Offers variety of vegan sweets including donuts, cheesecakes, breads, cookies, etc. To place order visit website.</td>
</tr>
<tr>
<td><strong>DRIFT &amp; PORTER</strong></td>
<td>1607 Paseo de Peralta</td>
<td>(505) 577-4809</td>
<td><a href="https://www.driftandporter.com">https://www.driftandporter.com</a></td>
<td>Sundays 10a-4p</td>
<td>No store front; sell at Railyard Artisan Market every Sunday in Santa Fe. Offer pastries (muffins, pies, scones, cakes, cookies, etc.) as well as savory offerings such as empanadas, lasagne, samosas, and street pies.</td>
</tr>
</tbody>
</table>

## Vegetarian

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<thead>
<tr>
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<th>Website</th>
<th>Hours</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ANNAPURNA WORLD VEGETARIAN CAFE</strong></td>
<td>1620 St. Michaels Drive</td>
<td>(505) 988-9688</td>
<td><a href="http://www.chaiishoppe.com">www.chaiishoppe.com</a></td>
<td>Mon-Sat 9a-8p, Sun 10a-8p</td>
<td>All-vegetarian with a wealth of vegan options; Ayurvedic and international cuisine.</td>
</tr>
<tr>
<td><strong>LOVE YOURSELF CAFE</strong></td>
<td>199 Paseo de Peralta</td>
<td>(505) 983-5683</td>
<td><a href="https://www.lightvesselsantafe.com/about-lys-cafe/">https://www.lightvesselsantafe.com/about-lys-cafe/</a></td>
<td>Mon-Sat 8:30a-7p, Sun 10a-3p</td>
<td>Vegetarian café with lots of vegan options. Most menu items have vegan option available.</td>
</tr>
</tbody>
</table>
JAMBO CAFÉ
2010 Cerrillos Road
Santa Fe, NM 87505
Phone: (505) 473-1269
http://jambocafe.net
Mon-Thu 11a-8p, Fri-Sat 11a-9p
African and Caribbean Cuisine. Vegan options include tofu curry and jerk tofu sandwich.

CHOW’S ASIAN BISTRO
720 St. Michael’s Drive
Santa Fe, NM
Phone: (505) 471-7120
www.mychows.com
Mon-Sat 11a-2p; Fri-Sat 4:45p-9:30p; Sun 4:45p-9:00p
Chinese Fusion Cuisine; Separate vegetarian/tofu menu. Please note: soups and some other items are made with chicken stock. Be sure to ask about specific menu items.

JINJA BAR & BISTRO
510 N. Guadalupe
Santa Fe, NM 87501
Phone: (505) 982-4321
www.jinjabistro.com
Mon-Fri 11a-10p, Sat-Sun 12p-10p
Substitute tofu in entrees and lettuce wraps. Miso Soup, Tokyo Crispy Tofu and Chow Fun Chili Noodles are vegan.

KOHNAMI JAPANESE RESTAURANT
313 S. Guadalupe Street
Santa Fe, NM
Phone: (505) 984-2002
www.kohnamisantafe.com
Mon-Thu 11:30a-2:15p, 5:30p-9:15p; Fri-Sat 11:30a-2:15p, 5:30p-9:30p; Sun 5p-9p
Vegan options include Ageh Tofu, Vegetable Gyoza, Miso Soup, Tofu Teriyaki, Vegetable Sukiyaki, and vegetarian sushi rolls.

PHO KIM
919 W Alameda
Santa Fe, NM
Phone: (505) 820-6777
Mon-Sat 11a-9p; Sun 11a-8p
Large Vietnamese menu with Vegetarian Section, mostly vegan.

YIN YANG CHINESE RESTAURANT
418 Cerrillos Road
Santa Fe, NM
Phone: (505) 986-9279
http://www.yinyangchinesesantafe.com
Mon-Sat 11:30a-9p; Sun 12p-8:30p
Vegetarian menu including: Vegetable Dumplings, Vegetable Deluxe, Crispy Bean Curd, Sesame Tofu, other vegan dishes.
INDIA HOUSE
2501 Cerrillos Road
Santa Fe, NM
Phone: (505) 471-2651
www.indiahousenm.com

Open Daily 11:30a-2:30p, 5p-10p
Vegetable Samosas; Dal Soup; Aloo Sag; Aloo Mattar; Mixed Vegetables; Aloo Gobi; Baingan Bhartha; Bhindi Masala; Yellow Lentil.

INDIA PALACE
227 Don Gaspar Avenue
Santa Fe, NM
Phone: (505) 986-5859
https://www.facebook.com/indiapalacesantafe/

Open Daily 11:30a-2:30p, 5p-10p
Variety of vegan options including curries, veggie dishes, and rice dishes.

CLEOPATRA CAFE
3482 Zafarano Drive
Santa Fe, NM
Phone: (505) 474-5644
www.cleopatrasantafe.com

Mon-Sat 11a-9p; Sun 11:30a-9p
See notes under Cleopatra Cafe Cerrillos location.

INDIA PALACE Location
418 Cerrillos Road
Santa Fe, NM
Phone: (505) 820-7381
www.cleopatrasantafe.com

Mon-Sat 11am-8pm; Closed Sun
Vegan options include Falafel; Dolmas; Baba Ghanoush; Hummus; Tabouleh; Egyptian Moussaka, w/o cheese; King Tut (vegetarian) Plate sub.

PYRAMID CAFE
505 W. Cordova Road
Santa Fe, NM
Phone: (505) 989-1378
www.pyramidcafesf.com

Mon-Sun 11a-9p
Traditional Greek, Mediterranean and North African cuisine; variety of vegan options including Falafel, Hummus, Baba Ganouj, Dolmas, Lentil Soup, Tabouleh, Grilled Eggplant Salad, Spicy Carrot Salad, and Cous-Cous.

BAJA TACOS
2621 Cerrillos Road
Santa Fe, NM
Phone: (505) 471-8762
https://www.facebook.com/Baja-Tacos-148683741960875/

Mon-Sat 7a-7p; Sun 8a-4p
Tofu Burrito; Tofu Taco; Veg. Chile and Beans; Guacamole; Salsa.

THE BURRITO COMPANY
111 Washington Avenue
Santa Fe, NM
Phone: (505) 982-4453
www.burritocompanysf.com

Summer: Mon-Fri 7:30a-4:30p, Sat-Sun 8a-5p
Winter: Mon-Fri 7:30a-4p, Sat-Sun 8a-4p
Veggie Taco Salad (order w/o cheese or sour cream), Veggie Burrito (order w/o cheese), Rice, Beans, Red and Green Chiles are all vegan.

LA CHOZA
905 Alarid Street
Santa Fe, NM
Phone: (505) 982-0909
www.lachozasf.com

Mon-Sat 11a-2:30p, 5-9p
Beans and chiles are vegan. Can order burritos, tacos, Frito pie, etc. without cheese.

FELIPE’S TACOS
1711 Llano Street
Santa Fe, NM
Phone: (505) 473-9397
www.felipestacos.com

Mon-Fri 9a-5:30p; Sat 9a-3p
Burritos, tacos, tostadas, etc. (order without cheese).
COUNTER CULTURE CAFE
930 Baca Street
Santa Fe, NM
Phone: (505) 995-1105
http://www.counterculturesantafe.com
Mon-Sun 8a-3p; Tue-Sat 8a-9p
Variety of options including vegan breakfast burrito (not on menu, made available by request) Portobello Mushroom Sandwich, w/o cheese; veggie and tofu dishes.

THE KITCHEN
3095 Agua Fria Rd
Santa Fe, NM 87507
Phone: (505) 438-8888
Tue-Sat 11:30a-2:30p
Vegetarian café, daily specials change. Call ahead to ask about daily vegan options.

BLUE HERON RESTAURANT
242 Los Pinos Rd
Santa Fe, NM 87507
Phone: 800-704-0531
https://sunrisesprings.ojospa.com/dining/blue-heron-restaurant/
Open Daily 7a-9p
Variety of vegan options clearly labeled on menu including veggie bowls, tamales, burger, etc.

BUMBLE BEE’S BAJA GRILL
301 Jefferson St
Santa Fe, NM 87501
Phone: (505) 820-2862
http://www.bumblebeesbajagrill.com
Sun-Wed 11a-8p, Thu-Sat 11a-8:30p
Vegan options clearly labeled on menu. Carry tofu and vegan chicken.

CAFÉ PASQUAL’S
121 Don Gaspar
Santa Fe, NM 87501
Phone: (505) 983-9340
https://pasquals.com
Open Daily 8a-11p
A few vegan options with additional items offered on select days. Very accommodating to vegans.

CHOCOLATE MAVEN BAKERY AND CAFÉ
821 W San Mateo Rd
Santa Fe, NM 87505
Phone: (505) 984-1980
https://www.chocolatemaven.com
Mon-Fri 7a-5pm, Sat 9a-5p, Sun 9a-3p
Offer several vegan options on breakfast and lunch menu including tofu scramble and veggie “meats”. Does not offer many vegan baked goods.

ICONIK COFFEE ROASTERS (Lupe)
314 S Guadalúpe St.
Santa Fe, NM 87501
Phone: (505) 428-0996
https://iconikcoffee.com
Daily 7a-5p
See Notes under Iconik Coffee Roasters Lena St. Location.

ICONIK COFFEE ROASTERS (Leen St)
1600 Lena St.
Santa Fe, NM 87505
Phone: (505) 428-0996
https://iconikcoffee.com
Mon-Sat 7:30a-7p, Sun 8a-5p
Coffee shop and roastery serving food. Vegan options on menu as well as vegetarian options that can be made vegan.

PAPER DOSA
551 W Cordova Rd
Santa Fe, NM 87505
Phone: (505) 930-5521
http://paper-dosa.com
Tue-Sun 5p-9p
Indian café. Vegan options clearly labeled on menu. Several additional items can be made vegan including dosas and Uttapam.
PIZZA ETC.
556 N Guadalupe St
Santa Fe, NM 87501
Phone: (505) 986-1500
http://www.pizzaetc.com
Mon-Sat 11a-8p, Sun 12p-8p
Located inside DeVargas Shopping Mall. Offers Daiya cheese, all crust is vegan.

PIZZERIA & TRATTORIA DA LINO
204 N Guadalupe St
Santa Fe, NM 87501
Phone: (505) 982-8474
https://www.pizzeriadalino.com
Mon-Sat 4p-10p, Sun 11:30a-10p
Vegan cheese available for an additional charge.

PLAZA CAFE
3466 Zafarano Dr
Santa Fe, NM 87507
Phone: (505) 424-0755
https://www.plazacafesouth.com
Sun-Thu 8a-9p, Fri-Sat 8a-10p
Vegan options include avocado tacos, Impossible burger (ask about bun), and salads.

RIO CHAMA
414 Old Santa Fe Trail
Santa Fe, NM 87501
Phone: (505) 955-0765
http://riochamasteakhouse.com
Open daily at 11a
Steakhouse – offers portabello burger (ask for no cheese) and vegan rellenos (specify vegan).

SABOR PERUANO
163 Paseo de Peralta
Santa Fe, NM 87501
Phone: (505) 358-3829
https://www.saborperuanosf.com
Mon-Wed 10a-6p, Thu-Sat 10a-7p
Peruvian cuisine; separate vegan menu.

SANTA FE OXYGEN AND HEALING BAR APOTHECARY RESTAURANT
133 W San Francisco St
Santa Fe, NM 87501
Phone: (505) 986-5037
https://www.santafeoxygenbar.com
Sun-Thur 10a-8p, Fri-Sat 10a-10p
Many vegan options clearly labeled on menu. Offers vegan cheese and tofu. Vegan options include curry, pho, Frito pie, pad thai, nachos, and more.

SOUPER SALAD
2428 Cerrillos Road
Santa Fe, NM 87505
Phone: (505) 473-1211
https://www.soupersalad.com
Open Daily 10:45a-8:30p
Giant salad bar with a few vegan dressings. Also has potato bar and sometimes has vegan soups. Corn bread is vegan.

SWEETWATER HARVEST KITCHEN
1512 Pacheco Street Suite B
Santa Fe, NM 87505
Phone: (505) 795-7383
http://www.sweetwatersfsf.com
Mon 8a-3p, Tue-Thur 8a-9p, Fri-Sat 9a-9p, Sun 9a-2:30p
International cuisines; many vegan options clearly labeled on menu. Serves tofu, some vegan “meats”. Vegan options include pancakes, rellenos, pozole, Banh Mi sandwich, and more.

THE BURGER STAND AT BURRO ALLEY
207 W San Francisco St
Santa Fe, NM 87501
Phone: (505) 989-3360
http://www.theburgerstandnm.com
Open daily 9a-11p
Burger stand offering house made lentil burger that is prepared vegan by request. Also offers vegan quinoa and arugula salad.
VINAIGRETTE
709 Don Cubero Alley
Santa Fe, NM 87501
Phone: (505) 820-9205
www.vinaigretteonline.com

Mon-Sat 11a-9p
Grilled tofu or roasted veggies can be added to variety of creative salads (specify w/o dairy/egg); Roasted Veggie Sandwich, vegan mushroom stew, vegetable sides.

GERONIMO
724 Canyon Road
Santa Fe, NM 87501
Phone: (505) 982-1500
https://www.geronimorestaurant.com

Open Nightly 5:30p-Close
Slow-Braised Celery Root "Osso Buco" is vegan; also offer several vegetarian entrees that can be easily veganized by omitting cheese.

ROWLEY FARMHOUSE ALE
1405 Maclovia St.
Santa Fe, NM 87505
Phone: (505) 428-0719
https://www.rowleyfarmhouse.com

Open Daily 11:30a-10p
Veg options include Impossible Burger, Roasted Vegetable Panini, Mediterranean Spread, Roasted Brussel Sprouts, and Farmer’s Market Risotto.

THE BONSAI ASIAN TACOS
1599 South Saint Francis Dr
Santa Fe, NM
Phone: (505) 316-9418
https://www.facebook.com/Bonsaitacos

Mon-Fri 10a-6p
Food Truck. Offers great vegan options with tempeh, tofu, vegetables, etc. including tacos, bonsai bowls, and curry.

DOUBLE DRAGON II
3005 S. St. Francis Dr. Suite 3D
Santa Fe, NM
Phone: (505) 989-8880
https://selflane.com/bizs/double-dragon_santa-fe_nm

Mon-Thu 10:30a-9:30p, Fri-Sat 10:30a-10p, Sun 11:30a-9p
Asian cuisine, several veggie and tofu dishes.

POSA’S EL MERENDERO
1514 Rodeo Rd.
Santa Fe, NM 87505
Phone: (505) 820-7672
https://santafetamales.com

Mon-Sat 7a-8p; Sun 8a-2:30p
Vegan Tamales. Vegetarian items that can be made vegan by removing the cheese (burritos, tacos, fajitas, etc.).

THE TEAHOUSE
821 Canyon Road
Santa Fe, NM
Phone: (505) 992-0972
https://teahousesantafe.com

Open Daily 9a-9p
Breakfast bowl with tofu can be made vegan by omitting egg. Tea House Vegan wrap is vegan.

REVOLUTION BAKERY
418 Cerrillos Rd.
Santa Fe, NM 87505
Phone: (505) 346-2669
https://revolutionbakery.com

Tue-Sat 8a-2p
Offer many vegan breads and pastries. All of their beverages are vegan.

TERRA (Four Seasons Resort)
198 State Road 592
Santa Fe, NM 87506
Phone: (505) 946-5800
https://www.fourseasons.com/santafe/dining/restaurants/terra/

Open Daily 7a-10p
Separate plant-based menu with lots of options for breakfast, lunch, and dinner.
FIESTA OAXACA
135 West Palace Avenue
Santa Fe, NM 87501
Phone: (505) 982-9525
http://fiestaoaxacASF.com

Mon-Sat 11a-3p, 5p-8p; Sun 11a-3p

Authentic Mexican fare. New vegan menu with vegan cheese and house-made vegan meat. Wide variety of menu options.
FRANK & LUPE’S EL SOMBRERO
210 Mesquite
Socorro, NM 87801
Phone: (575) 835-3945
http://frankandlupes.com

Open Daily 11a-9p

Vegetarian burrito on menu is vegan if ordered without cheese.
Food is cooked with canola oil.
Beans, rice, chile, sopaipillas, tortillas, are all vegan.
EL GAMAL
112 Dona Luz St
Taos, NM  87517
Phone: (575) 613-0311
http://www.elgamaltaos.com

Mon-Wed 9a-5p, Thu-Sat 9a-9p
All vegetarian Middle Eastern fare.

Vegetarian Options

MANZANITA MARKET
103 N Plaza
Taos, NM  87571
Phone: (575) 613-4088
https://www.manzanitamarket.net

Open Daily 9a-4p
Vegan options labeled on menu including corn and potato chowder, Mediterranean sandwich, and house made coconut maple yogurt.

ESKE’S BREW PUB & EATERY
106 Des Georges Ln
Taos, NM  87571
Phone: (575) 758-1517
https://eskesbrewpub.com

Mon-Thu 12p-9p, Fri-Sat 12p-10p
Menu specifies items that are vegan or can be made vegan upon request including green chile burrito, green chile stew, Mediterranean salad, and grilled bratwurst & sauerkraut sandwich (with tofurkey brat). Need to specify vegan.

TAOS PIZZA OUTBACK
712 Paseo del Pueblo Norte
Taos, NM  87571
Phone: (575) 758-3112
http://www.taospizzaoutback.com

Open Daily 11a-10p
Carry soy cheese. Dough is vegan. Marinara sauce is only vegan sauce. Sometimes offers vegan “soup of the day”.

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SONG’S ASIAN RESTAURANT
703 Paseo del Pueblo Sur
Taos, NM  87571
Phone: (575) 758-3256
https://www.facebook.com/pages/Songs-Restaurant/121462914534147
Open Daily 11a-10p
Separate vegetarian section of menu with vegan options.

HUNAN CHINESE RESTAURANT
1023 Paseo Del Pueblo Sur
Taos, NM  87571
Phone: (575) 751-0474
http://www.hunantaos.com
Sat-Mon/Wed-Thu 11a-8:30p, Fri 11a-9p
Variety of veggie and tofu dishes.

PIZANOS
23 Hwy 150
Taos, NM  87571
Phone: (575) 776-1050
http://www.taospizza.com
Open Daily 11a-9p
Carries soy cheese. Crust is vegan and two sauces: sun dried tomato and garlic with oil.

TAOS DINER
216 Paseo Del Pueblo Ste B
Taos, NM  87571
Phone: (575) 751-1989
https://www.facebook.com/Taos-Diner-I-and-II-237225842971678/
Open Daily 7a-3p
Several veg options including tofu scramble and veggie burrito. Will work with you to veganize other menu items.
ROOTS FARM CAFE
11784 New Mexico 337
Tijeras, NM  87059
Phone: (505) 900-4118
https://www.rootsfarmcafe.com

Mon, Wed-Fri 7a-4p, Sat-Sun 8a-4p

Several vegetarian options that can be made vegan including wraps and sandwiches. They grow their own produce.
Decades of Powerful, Positive Change in New Mexico

Since 1979, APNM’s mission has been and remains: to advocate the rights of animals by effecting systemic change, resulting in the humane treatment of all animals.

APNM achieves its mission in a variety of powerful ways. We help create policies that protect animals and work to ensure that humane laws are vigorously enforced. We also establish relevant and practical solutions to take on seemingly insurmountable animal cruelty issues. By challenging and changing entrenched systems that harm animals, we are elevating animal protection concerns from a “fringe” issue to one taken seriously by the public and policymakers, who are beginning to understand the deep connection between the welfare of animals and that of society overall. What began as a small, dedicated group of citizens concerned about the unmet needs of animals has grown into an influential organization that is making a significant difference for New Mexico’s animals and the communities in which they live. We are responsible for the passage of dozens of laws to protect animals in the state, while dramatically raising the visibility of issues New Mexico’s animal population regularly faces.

As a non-profit 501(c)(3) organization, APNM depends upon donations, volunteers, and grants to continue its mission. We encourage people to work for animals on a daily basis, since improving conditions for animals often means that each person must become personally involved.

Please support our work and be active for animals.

Consider a donation* to APNM today and make a real difference for animals in New Mexico!

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https://apnm.org/give-now/

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